

# Intravenous administration of auto serum-expanded autologous mesenchymal stem cells in stroke

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Transplantation of human mesenchymal stem cells has been shown to reduce infarct size and improve functional outcome in animal models of stroke. Here, we report a study designed to assess feasibility and safety of transplantation of autologous human mesenchymal stem cells expanded in autologous human serum in stroke patients. We report an unblinded study on 12 patients with ischaemic grey matter, white matter and mixed lesions, in contrast to a prior study on autologous mesenchymal stem cells expanded in foetal calf serum that focused on grey matter lesions. Cells cultured in human serum expanded more rapidly than in foetal calf serum, reducing cell preparation time and risk of transmissible disorders such as bovine spongiform encephalomyelitis. Autologous mesenchymal stem cells were delivered intravenously 36–133 days post-stroke. All patients had magnetic resonance angiography to identify vascular lesions, and magnetic resonance imaging prior to cell infusion and at intervals up to 1 year after. Magnetic resonance perfusion-imaging and 3D-tractography were carried out in some patients. Neurological status was scored using the National Institutes of Health Stroke Scale and modified Rankin scores. We did not observe any central nervous system tumours, abnormal cell growths or neurological deterioration, and there was no evidence for venous thromboembolism, systemic malignancy or systemic infection in any of the patients following stem cell infusion. The median daily rate of National Institutes of Health Stroke Scale change was 0.36 during the first week post-infusion, compared with a median daily rate of change of 0.04 from the first day of testing to immediately before infusion. Daily rates of change in National Institutes of Health Stroke Scale scores during longer post-infusion intervals that more closely matched the interval between initial scoring and cell infusion also showed an increase following cell infusion. Mean lesion volume as assessed by magnetic resonance imaging was reduced by >20% at 1 week post-cell infusion. While we would emphasize that the current study was unblinded, did not assess overall function or relative functional importance of different types of deficits, and does not

exclude placebo effects or a contribution of recovery as a result of the natural history of stroke, our observations provide evidence supporting the feasibility and safety of delivery of a relatively large dose of autologous mesenchymal human stem cells, cultured in autologous human serum, into human subjects with stroke and support the need for additional blinded, placebo-controlled studies on autologous mesenchymal human stem cell infusion in stroke.

**Keywords:** stroke; cerebrovascular disease; stem cell; mesenchymal stem cells; bone marrow-derived stem cells; cell transplantation

**Abbreviations:** MRA = magnetic resonance angiography; MSC = mesenchymal stem cell; NIHSS = National Institutes of Health Stroke Scale

## Introduction

Transplantation of mesenchymal stem cells (MSCs), derived from bone marrow, into rodent cerebral ischaemia models can reduce infarct size and improve functional outcome (Chen *et al.*, 2001; Li *et al.*, 2002; Nomura *et al.*, 2005; Honma *et al.*, 2006; Horita *et al.*, 2006; Liu *et al.*, 2006; Onda *et al.*, 2007; Ukai *et al.*, 2007; Omori *et al.*, 2008; Toyama *et al.*, 2009; Komatsu *et al.*, 2010). MSCs can differentiate into cells of neuronal and glial lineage under appropriate cell culture conditions *in vitro* (Kobune *et al.*, 2003; Kim *et al.*, 2006) as well as *in vivo* (Prockop *et al.*, 1997; Woodbury *et al.*, 2000; Nomura *et al.*, 2005; Honma *et al.*, 2006). The beneficial effects of MSCs early after transplantation are thought to result from multiple mechanisms that include neuroprotective (Chen *et al.*, 2001; Nomura *et al.*, 2005; Honma *et al.*, 2006; Horita *et al.*, 2006; Liu *et al.*, 2006), anti-inflammatory (Ohtaki *et al.*, 2008) and/or angiogenic (Chen *et al.*, 2003; Liu *et al.*, 2006; Onda *et al.*, 2007; Prockop, 2007; Ukai *et al.*, 2007; Omori *et al.*, 2008; Toyama *et al.*, 2009; Komatsu *et al.*, 2010) effects. Human MSCs genetically modified to produce trophic (Nomura *et al.*, 2005; Horita *et al.*, 2006; Liu *et al.*, 2006) or angiogenic (Liu *et al.*, 2006; Onda *et al.*, 2007; Toyama *et al.*, 2009) factors can markedly improve function and reduce lesion volume in rodent brain ischaemia models.

Bang *et al.* (2005), in a study primarily aimed at assessing safety, infused freshly prepared autologous bone marrow-derived MSCs expanded in foetal calf serum into five severely affected stroke patients 1–2 months after stroke onset. They report safety, feasibility and a suggestion of efficacy. Human MSC infusion has been studied in cancer (Koc *et al.*, 2000; Lazarus *et al.*, 2005) and neurological disorders other than stroke (Koc *et al.*, 2002) and it appears that in these disorders the use of autologous cells can minimize immune reactions. These considerations, and experimental data showing that human MSC infusion leads to improved outcome and reduced lesion volume in rodent ischaemia models, provide the rationale for the present study.

MSCs constitute a small fraction of the bone marrow non-haematopoietic cell fraction and culture conditions are critical in enriching cultures with human MSCs. Human MSCs can be expanded rapidly with more stable gene expression and maintained in the undifferentiated stem cell state in autologous human serum compared with those in foetal calf serum (Kobayashi *et al.*, 2005; Shahdadfar *et al.*, 2005). In the present study, we assessed autologous human MSCs expanded using autologous human serum under good manufacturing practice

conditions. The autologous cells used in this study were well-defined as an immature stem cell population and the molecular phenotype was consistent between patients. Moreover, the use of autologous human serum rather than foetal calf serum resulted in more rapid expansion of cells, which reduces cell preparation time, a factor that may be important for autologous transplantation studies and minimizes potential risk of transmitting viruses, prions [e.g. bovine spongiform encephalomyelitis; see Scolding *et al.* (2008)] and/or proteins that may cause xenogeneic immunogenicity (delayed hypersensitivity reaction) (Drach *et al.*, 1977). In the present study, we examined feasibility and safety of cell therapy using auto-serum-expanded autologous human MSCs in stroke patients. Patients with both grey and white matter ischaemic lesions were studied. A single infusion of well-characterized autologous human MSCs was delivered in the subacute or chronic phase of the stroke. Neurological and neuroradiological analysis was carried out for 1 year. Early results of this study have been reported in an abstract (Honmou *et al.*, 2008).

## Materials and methods

### Patient enrolment

This study reports observations on 12 patients enrolled in a protocol designed to assess safety and feasibility of autologous human MSC infusion, carried out at Sapporo Medical University and approved by the Institutional Review Board at Sapporo Medical University. Written informed consent from patients or, if aphasic, from their families was obtained before enrolling each patient. Enrolment criteria included the following: (i) age between 20 and 75 years old; (ii) stroke onset within the past 6 months; (iii) relevant ischaemic supratentorial lesion(s) as assessed by MRI; (iv) severely disabling deficits (modified Rankin Scale score of 3 or worse at enrolment); and (v) impairments of consciousness were not severe (Japan coma scale between 0 and 100; Ohta *et al.*, 1986). We excluded patients who met one or more of the following criteria: (i) severe haemorrhagic transformation of ischaemic lesion; (ii) severe consciousness disturbance (Japan Coma scale between 200 and 300); (iii) pregnant or possibly pregnant; (iv) severe medical complications such as kidney dysfunction, liver dysfunction, gastrointestinal, etc; (v) malignant diseases; (vi) severe ischaemic diseases such as ischaemic heart disease, systemic atherosclerotic changes; (vii) severe anaemia; (viii) strokes that were infratentorial; or (ix) other severe comorbidity. All patients received formal rehabilitation (physical therapy, occupational therapy and speech therapy) as appropriate prior to autologous human MSC infusion and these were continued after infusion. There were no additional drug treatments

(e.g. sedatives, anti-depressants, anti-spasticity agents) after cell infusion.

## Cell preparation

Autologous human MSCs were prepared using a previously described method with minor modification (Kim *et al.*, 2006) after informed consent was obtained; the subject's or, if aphasic, the family's consent was obtained according to the Declaration of Helsinki. All cell culture procedures were carried out in good manufacturing practice conditions by personnel who had received formal training in good manufacturing practice within a facility with highly controlled temperature, room air, pressure, etc.

Autologous human MSCs were prepared from each patient in a good manufacturing practice cell processing centre and cryopreserved until use. A previous clinical stroke study infused human MSCs that were prepared with foetal calf serum (Bang *et al.*, 2005). In the present study, we cultured the autologous human MSCs in autologous human serum. Briefly, bone marrow (30–73 ml) was obtained from the posterior iliac crest of patients under local anaesthesia, and was diluted with Dulbecco's modified Eagle's medium (Mediatech Inc.) supplemented with 10% autologous human serum, 2 mM L-glutamine (Sigma-Aldrich), 100 U/ml penicillin–streptomycin (Sigma-Aldrich), was plated on 150 mm tissue culture dish (IWAKI) and incubated in a humidified atmosphere of 5% CO<sub>2</sub> at 37°C for several days. Foetal calf serum (Life Technologies) was used only for growth rate comparison and was not used for clinical use. Autologous human MSCs, when selected by plastic adhesion, require the elimination of non-adherent cells by replacing the medium. When cultures almost reached confluence, the adherent cells were detached with trypsin–EDTA solution (Mediatech Inc.) and subcultured at  $1 \times 10^4$  cells/ml. Thus, autologous human MSCs were expanded up to  $\sim 1 \times 10^8$  cells ( $1.05 \pm 0.33 \times 10^8$ ) (Table 2) within a relatively short culture period ( $20.3 \pm 7.1$  days). The expanded autologous human MSCs were dissociated, diluted in 51 ml of storage solution [20.5 ml of RPMI (Life Technologies), 20.5 ml of autoserum, 5 ml of low molecular dextran L (Otsuka), 5 ml dimethyl sulphoxide (Sigma-Aldrich)], frozen with the programme freezer (Planer PLC) and stored in a deep freezer (–150°C) (Sanyo) until use. Cell passages were limited to three or less, targeting a cell number of  $1.0 \times 10^8$  cells. Cryopreservation permitted detailed characterization of cells and pathogens, which required several days prior to cell infusion and resulted in higher cell viability (>95.2%). On the day of infusion, cryopreserved units were thawed at the bedside in a 37°C water bath. Extrapolation from our previous experimental studies in rodents, where  $1 \times 10^6$  cells showed efficacy (Honma *et al.*, 2006), suggested a target cell range scaled to body weight of  $0.5 \times 10^8$  to  $5 \times 10^8$  per patient. We administered  $0.6$  to  $1.6 \times 10^8$  cells to each patient over 30 min.

## Cell characterization and pathogen screening

Flow cytometric analysis of autologous human MSCs was performed as previously described (Honma *et al.*, 2006; Liu *et al.*, 2006). Briefly, cell suspensions were washed twice with phosphate-buffered saline containing 0.1% bovine serum albumin. For direct assays, aliquots of cells at a concentration of  $1 \times 10^6$  cells/ml were immunolabelled at 4°C for 30 min with the following antihuman antibodies: fluorescein isothiocyanate-conjugated CD24 (Dako), phycoerythrin-conjugated CD34 (Beckman Coulter), phycoerythrin-conjugated CD45, (Life Technologies) and phycoerythrin-conjugated CD105 (BioLegend). As

an isotype-matched control, mouse immunoglobulin G1 (Becton Coulter) was used. Labelled cells were analysed by a FACSCalibur flow cytometer (Becton Dickinson Bioscience). Dead cells were gated out with forward-versus side-scatter window and propidium iodide staining. The expanded cells were tested for sterility [bacteria, *Treponema pallidum* haemagglutination fungi, viral (hepatitis B, hepatitis C, adult T cell leukaemia virus, HIV, Parvovirus B19, mycoplasma)] and endotoxin level.

## Patient evaluation

All enrolled patients were evaluated based upon a protocol that included general laboratory data, neuroradiological findings and stroke scales, with a primary outcome of safety (adverse events, neurological worsening and evidence of tumour or abnormal cell growth on MRI). Neurological scores [National Institutes of Health Stroke Scale (NIHSS)] were assessed on admission, just prior to cell infusion, immediately after cell infusion, 1, 2, 4, 7 and 14 days, 1, 3 and 6 months and 1 year post-infusion by neurosurgeons and neurologists who were not blinded. Modified Rankin scores were also recorded and are presented in parentheses after NIHSS scores, so that a patient with an NIHSS score of 5 and a modified Rankin score of 3 on a given day is presented as having scores of 5(3). Brain MRI and magnetic resonance angiography (MRA) (1.5 Tesla, GE) were performed in all patients before and after infusion, and brain 3D CT angiography (Toshiba) was carried out in some patients. MRIs were targeted for admission, 1–2 days prior to cell infusion, immediately after cell infusion and 1 and 2 days, 1 and 2 weeks, 1, 3 and 6 months and 1 year post-infusion and were interpreted by unblinded radiologists. However, some patients had less frequent testing.

All MRI measurements were performed using 1.5 Tesla, GE SIGNA. Fluid attenuated inversion recovery images were obtained from a 4-mm thick axial section using a  $20 \times 20$  mm field of view, repetition time = 10 000 ms, echo time = 120 ms, inversion time = 2300 ms and reconstructed using a  $256 \times 192$  image matrix. The ischaemic lesion area was calculated from fluid attenuated inversion recovery images using imaging software (Image-Pro, PLUS, Media Cybernetics, Inc.), based on the method of Neumann-Haefelin *et al.* (2000). For each slice, the higher intensity lesions in fluid attenuated inversion recovery images where the signal intensity was twice as high were marked as the ischaemic lesion area, and infarct volume was calculated taking slice thickness into account.

All patients were monitored closely during and within 24 h of autologous human MSC injections. Oxygen saturation, body temperature, electrocardiogram, blood pressure, pulse and respiratory rate were carefully monitored before and after injection. Patients also had chest films before and after autologous human MSC injection. All patients were followed for 12 months.

## Data analysis

Data are presented as mean values  $\pm$  SEM. Differences between cell numbers for autoserum versus foetal calf serum were assessed by *t*-test to identify individual group differences. Significance of median incremental daily changes in NIHSS was assessed using a non-parametric Mood's median test. Differences in mean % change in lesion volume were assessed with the Kruskal–Wallis test. Differences were deemed statistically significant at  $P < 0.05$ .

## Results

### Cell preparation

Cells cultured in human autologous serum were compared with those cultured in foetal calf serum. The growth rate of the human MSCs was greater when the cells were grown in autologous human serum. At 7 days in culture, the density of cells grown in human serum was more than double that of those grown in foetal calf serum ( $93.6 \times 10^4 \pm 9.4 \times 10^4$  versus  $35.6 \times 10^4 \pm 4.2 \times 10^4$ ;  $n = 5$ ,  $P < 0.0001$ ). The expanded autologous human MSCs were tested for sterility; there was no evidence of bacterial, *T. pallidum* haemagglutination, fungal, viral (hepatitis B, hepatitis C, adult T cell leukaemia virus, HIV, Parvovirus B19) or mycoplasmal contamination, and endotoxin levels were non-pathogenic in all samples.

### Case presentations

Twelve patients ranging in age from 41 to 73 ( $59.2 \pm 8.2$ ) years and of both genders (Table 1) were studied, from an initial group of 16 patients who were referred as candidates for this study. All 16 patients matched the inclusion criteria; four of the 16 patients were excluded and did not receive autologous human MSCs because they were found to meet exclusion criteria (deep vein thrombosis, strong allergic reaction to anti-platelet drug or anti-epileptic drug, thyroid cancer, nephritic syndrome). No patients refused to participate and no patients withdrew from the study. Results of all of the 12 patients were analysed.

All patients studied displayed hemiparesis and five were aphasic. Patients received standard treatment before enrolment in the study, and were assessed by MRI analysis and neurological testing and scored using the NIHSS and modified Rankin scores. Table 1 indicates, for each patient, whether the lesion was in predominantly white matter or grey matter, or was mixed. The autologous human MSCs were intravenously infused into the patients between 36 and 133 days post-stroke; the day of infusion is designated as 'Day 0' and subsequent days designated '1', '2', '3', etc.

in Figs 1–12 with minus signs designating days pre-infusion. The number and antigenic profiles of autologous human MSCs infused into the patients are presented in Table 2. Case descriptions for each of the 12 patients are described below.

#### Case 1

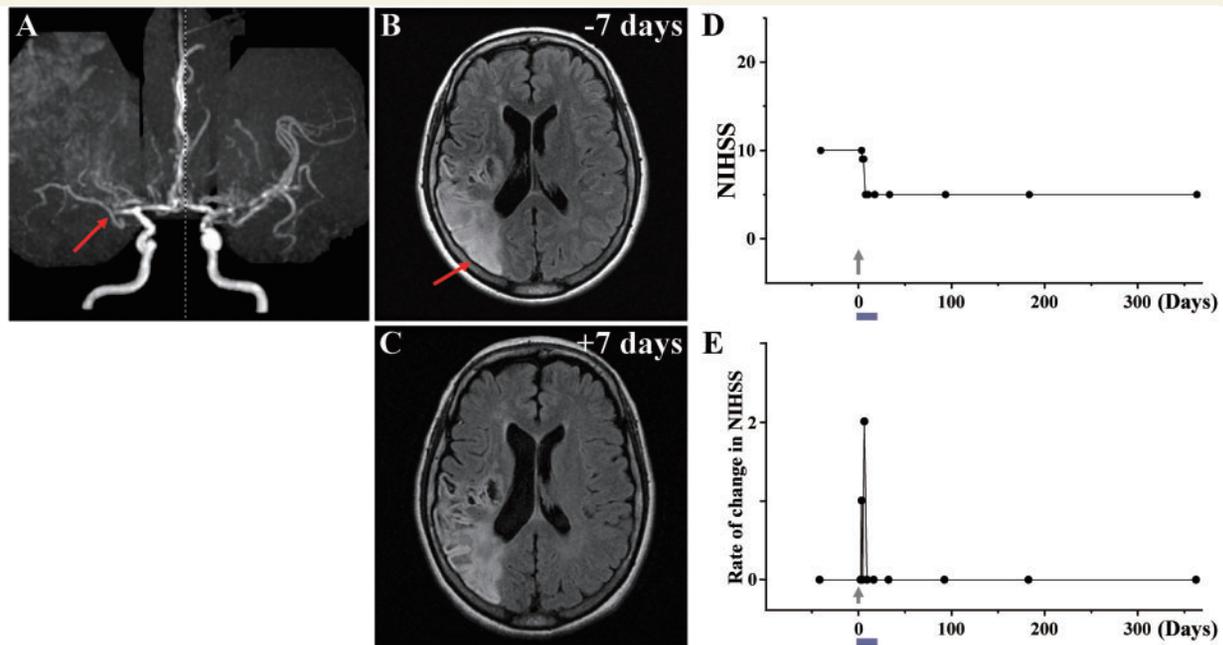
This 51-year-old female with a history of hyperlipidaemia/hypertension sustained a stroke due to Moyamoya disease with occlusion of the right middle cerebral artery (Fig. 1A). MRI demonstrated infarction of grey matter and white matter in the right frontal, parietal and occipital lobes (Fig. 1B). The patient displayed severe left hemiparesis and left visual field deficits. The NIHSS/Rankin scores were 10(4) on Day -44 (i.e. 44 days prior to autologous human MSC infusion) and were 10(4) on Day 0 immediately before autologous human MSC infusion. Sixty-one days after the stroke, the patient received an intravenous infusion of  $0.8 \times 10^8$  autologous human MSCs. The NIHSS/Rankin scores were 9(4) on Day 1 and 2 and 5(4) on Days 4, 7, 14 and 30 (Fig. 1D). NIHSS/Rankin scores were 5(3) on Days 90, 180 and 360. Incremental changes per day in NIHSS after autologous human MSC infusion are plotted in Fig. 1E. There were no major cell injection-related adverse events except slight itching at the injection site, which resolved within days. MRI demonstrated lesion volume  $174.98 \text{ cm}^3$  on Day -7 prior to cell infusion, and  $148.22 \text{ cm}^3$  on Day 7 post-infusion, without new lesions (Fig. 1C). MRIs following cell injection showed no tumour or abnormal cell growth over 1 year.

#### Case 2

This 62-year-old male, with a history of gastric ulcer/polycystic kidney/mild coronary artery stenosis/hypertension, sustained an atherosclerotic stroke due to right internal carotid artery occlusion (Fig. 2A). MRI demonstrated infarction primarily affecting right frontal and parietal subcortical white matter (Fig. 2B). The patient displayed left hemiparesis with spastic rigidity, with NIHSS/Rankin scores of 8(4) on Day -92, and NIHSS/Rankin scores of 5(3) on Day 0, immediately prior to autologous human MSC infusion. The patient received an intravenous infusion of  $0.6 \times 10^8$  autologous

**Table 1 Patient characteristics**

Patient no.	Sex/age	Symptoms	Time onset to MSC injection (days)	Aetiology	Primary ischaemic lesion	NIHSS at MSC injection
1	Female/51	Hemiparesis	61	Moyamoya	Mixed	10
2	Male/62	Hemiparesis	133	Atherosclerosis	White matter	5
3	Male/52	Hemiparesis	43	Atherosclerosis	White matter	5
4	Male/62	Hemiparesis	36	Atherosclerosis	White matter	4
5	Male/73	Hemiparesis	59	Lacunar	White matter	7
6	Male/58	Hemiparesis and aphasia	80	Atherosclerosis	Grey matter	6
7	Male/60	Hemiparesis	61	Lacunar	White matter	5
8	Female/67	Hemiparesis and aphasia	59	Intra-operative	Mixed	5
9	Female/63	Hemiparesis	88	Lacunar	White matter	2
10	Male/60	Hemiparesis and aphasia	74	Atherosclerosis	Mixed	15
11	Male/41	Hemiparesis and aphasia	66	Embolic	Mixed	15
12	Male/61	Hemiparesis and aphasia	56	Atherosclerosis	Mixed	20



**Figure 1** Case 1: (A) MRA showed occlusion of the right middle cerebral artery (red arrow). (B) MRI 7 days before cell injection and (C) 7 days after cell injection are shown. Red arrow in B indicates the infarcted lesion. (D) NIHSS scores for 1 year. (E) Rate of change in NIHSS for each day plotted. For example, the rate of change in NIHSS score at Day X was calculated as (NIHSS score on previous examination—NIHSS score on Day X)/number of days between examinations, to give an estimate of the daily rate of change.

human MSCs 133 days after the stroke. NIHSS/Rankin scores were 5(3) on Days 1–7, 3(3) on Day 14, 2(3) on Day 30 and 0(2) thereafter (Fig. 2D and E). There were no major cell injection-related adverse events. MRI demonstrated lesion volume  $24.52 \text{ cm}^3$  on Day  $-1$  prior to cell infusion, and  $20.87 \text{ cm}^3$  6 days post-infusion, without new lesions (Fig. 2C). MRIs following cell injection showed no tumour or abnormal cell growth over 1 year.

### Case 3

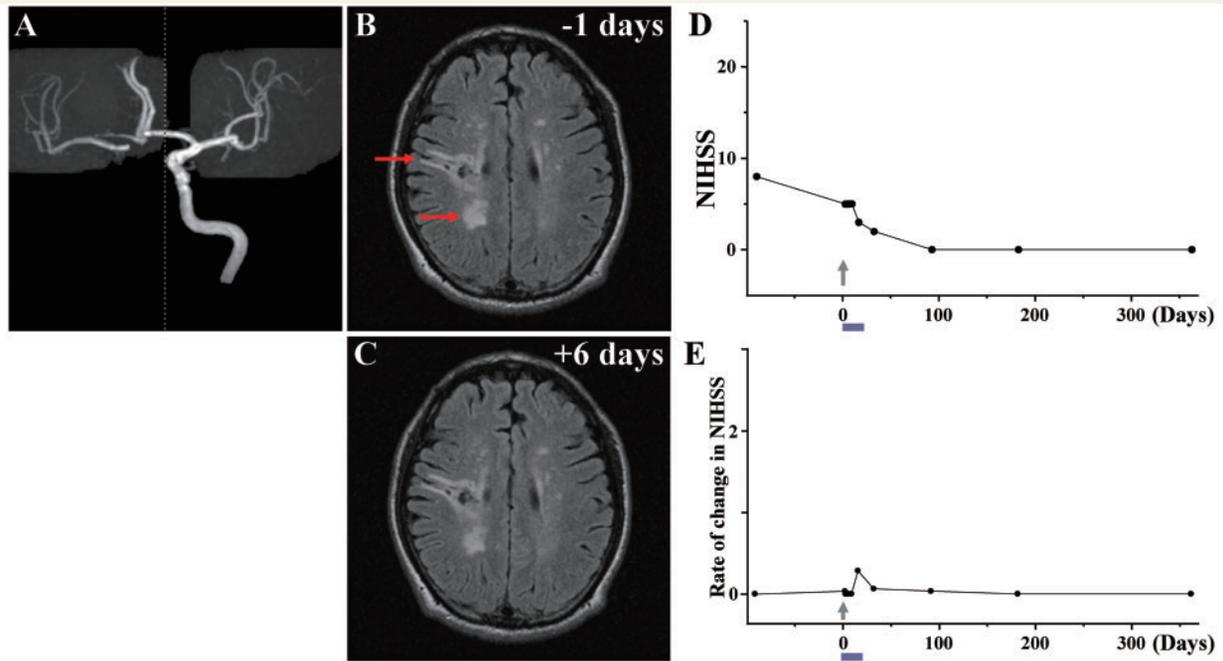
This 52-year-old male, with a history of premature ventricular contractions/diabetes mellitus/hypertension, sustained an atherosclerotic stroke due to right internal carotid artery occlusion (Fig. 3A). MRI demonstrated infarction of white matter in the right frontal lobe and adjacent basal ganglia (Fig. 3B). The patient displayed left hemiparesis. NIHSS/Rankin scores were 8(4) on Day  $-28$  and 5(4) on Day 0, immediately prior to cell infusion. Forty-three days after the stroke, the patient received an intravenous infusion of  $1.6 \times 10^8$  autologous human MSCs. NIHSS/Rankin scores were 3(3) on Day 7, 1(2) on Day 14, 1(2) on Day 30 and 0(1) on Day 90 and thereafter (Fig. 3D). There were no major cell injection-related adverse events except slight itching on the hand, face and head. MRI demonstrated lesion volume  $21.67 \text{ cm}^3$  on Day 0 immediately prior to cell infusion, and  $14.61 \text{ cm}^3$  on Day 7 post-infusion, without new lesions (Fig. 3C). MRI perfusion analysis showed increased cerebral blood flow 7 days after injection (Fig. 13E and F). MRIs following cell injection showed no tumour or abnormal cell growth over 1 year.

### Case 4

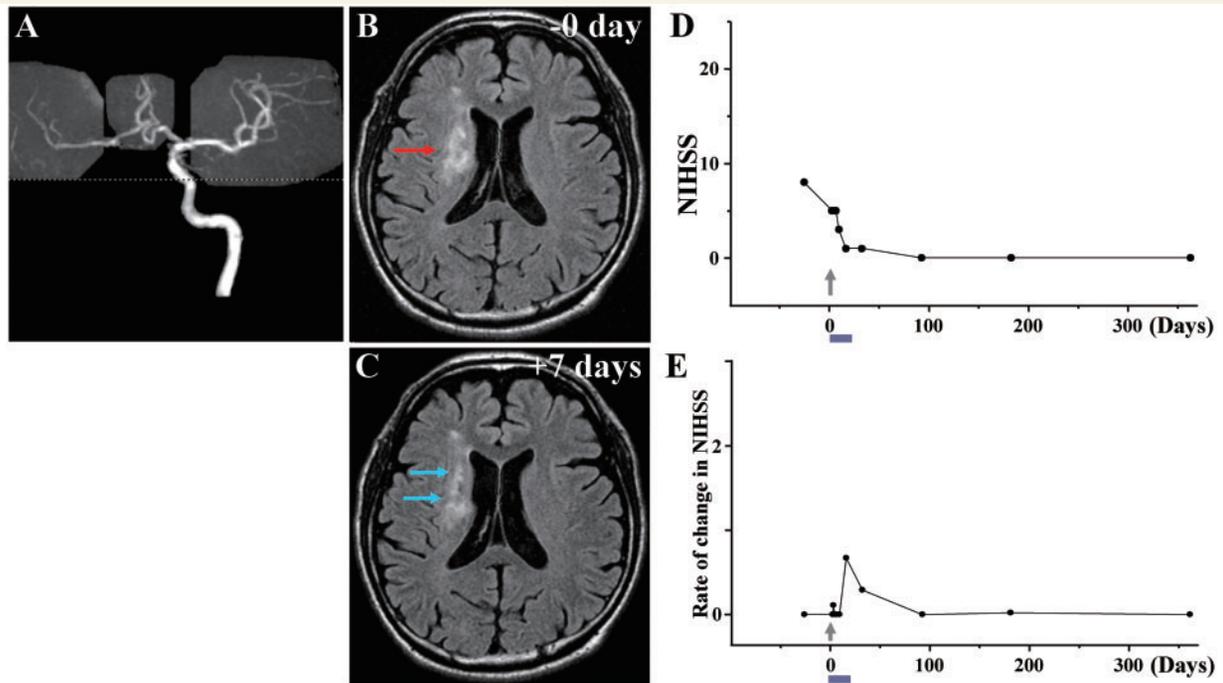
This 62-year-old male, with a history of hypertension/asymptomatic cerebral infarction, sustained an atherosclerotic stroke due to occlusion of a branch of right middle cerebral artery (Fig. 4A). MRI demonstrated sub-cortical infarcts in the right frontal and parietal lobes (Fig. 4B). The patient displayed left hemiparesis and spastic rigidity. NIHSS/Rankin scores were 5(4) on Day  $-29$  and 4(4) on Day 0, immediately prior to cell infusion. Thirty-six days after the stroke, the patient received an intravenous infusion of  $1.2 \times 10^8$  autologous human MSCs. NIHSS/Rankin scores were 3(3) on Days 7 and 14, 2(3) on Day 30 and 0(2) thereafter (Fig. 4D and E). There were no major cell injection-related adverse events. MRI demonstrated lesion volume  $18.92 \text{ cm}^3$  on Day  $-4$  prior to cell infusion; and  $15.45 \text{ cm}^3$  on day 7 post-infusion, without new lesions (Fig. 4C). MRIs following cell injection showed no tumour or abnormal cell growth over 1 year.

### Case 5

This 73-year-old male, with a history of hypertension/diabetes mellitus/dilated myocarditis, sustained a giant lacunar stroke (atherosclerotic branch disease). MRA showed that major cerebral arteries were intact (Fig. 5A). MRI demonstrated infarction of deep white matter and basal ganglia in the left frontal lobe (Fig. 5B). The patient displayed right hemiparesis and spastic rigidity. NIHSS/Rankin scores were 9(4) on Day  $-35$  and 7(4) on Day 0 immediately prior to cell infusion. Fifty-nine days after the stroke, the patient received an intravenous infusion of  $1.1 \times 10^8$  autologous human MSCs. NIHSS/Rankin scores were 6(4) on Day 7 after autologous human MSC infusion, 3(3) on Day 14, 2(3) on



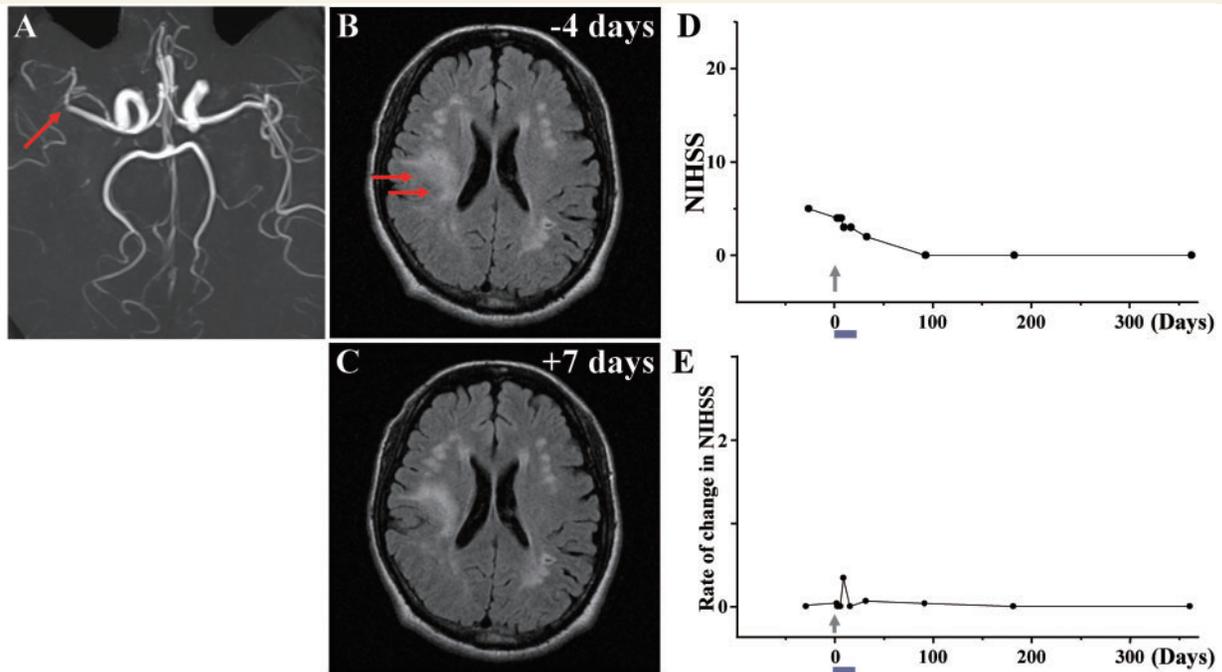
**Figure 2** Case 2: (A) MRA showed occlusion of the right internal carotid artery. (B) MRI 1 day before cell injection and (C) 6 days after cell injection. Red arrows in B indicate the infarcted lesions. (D) NIHSS scores for 1 year and (E) rate of change in NIHSS.



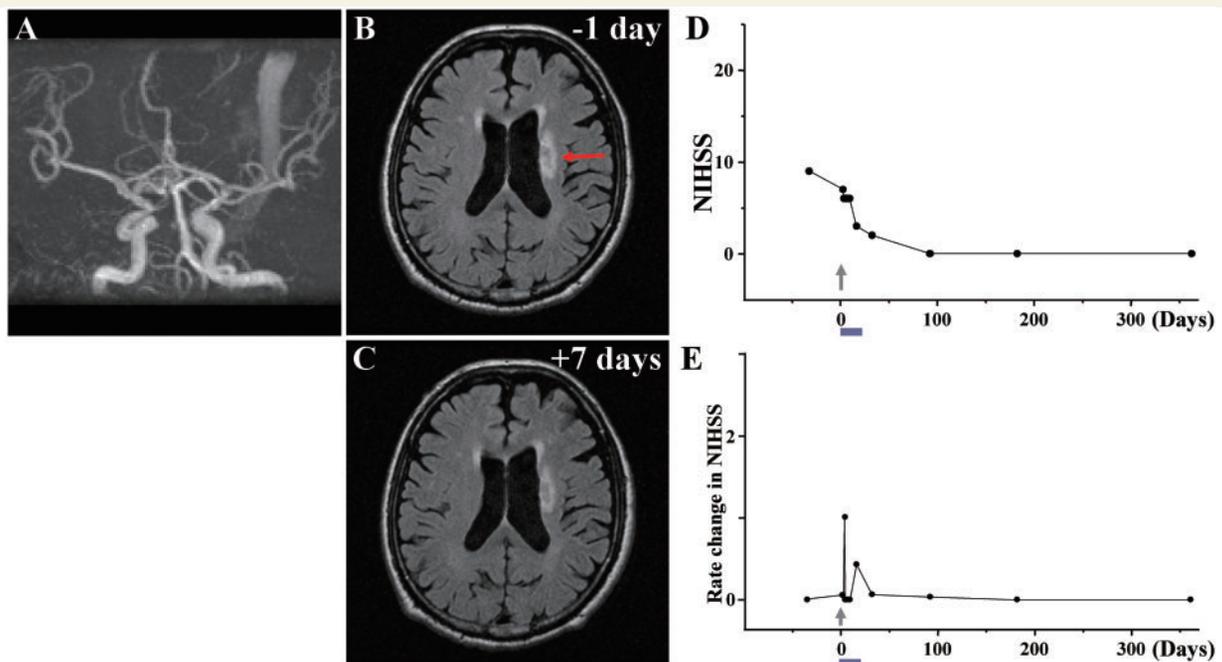
**Figure 3** Case 3: (A) MRA showed occlusion of the right internal carotid artery. (B) MRI just before cell injection and (C) 7 days after cell injection. Red arrow in B indicates the infarcted lesion before cell injection, and blue arrows in C show the reduced lesion volume and lower signal intensity after cell injection. (D) NIHSS scores for 1 year and (E) rate of change in NIHSS.

Day 30, 0(3) on Day 90 and 0(2) thereafter (Fig. 5D and E). The patient developed a slight fever and nausea immediately after cell injection, which resolved within 6 h. No other major adverse events were observed. MRI demonstrated lesion volume

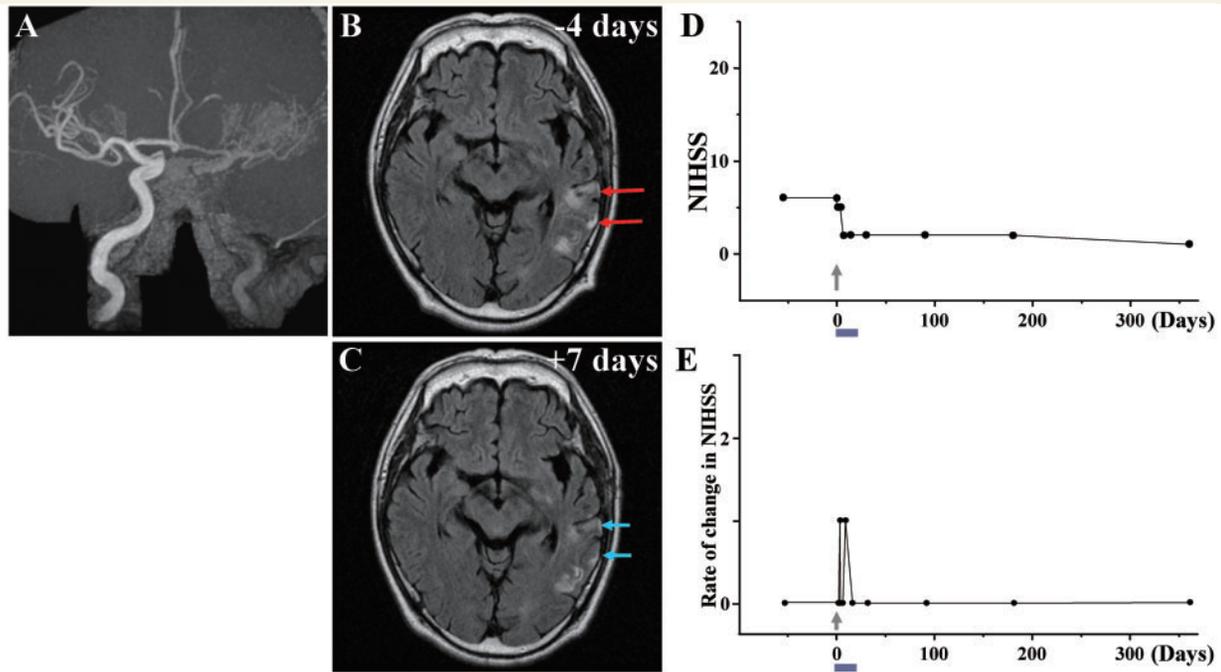
7.58 cm<sup>3</sup> on Day -1 prior to cell infusion; and 4.94 cm<sup>3</sup> on Day 7 post-infusion, without new lesions (Fig. 5C). MRIs following cell injection showed no tumour or abnormal cell growth over 1 year.



**Figure 4** Case 4: (A) MRA showed occlusion of a branch of the right middle cerebral artery (red arrow). (B) MRI 4 days before cell injection and (C) 7 days after cell injection. Red arrows in B indicate the infarcted lesion. (D) NIHSS scores for 1 year and (E) rate of change in NIHSS.



**Figure 5** Case 5: (A) MRA showed that major cerebral arteries were intact. (B) MRI 1 day before cell injection and (C) 7 days after cell injection. Red arrow in B indicates the infarcted lesion. (D) NIHSS scores 1 year and (E) rate of change in NIHSS.



**Figure 6** Case 6: (A) MRA showed occlusion of the left internal carotid artery. (B) MRI 4 days before cell injection and (C) 7 days after cell injection. Red arrows in B indicate the infarcted lesions before cell injection, and blue arrows in C show the reduced lesion volume and lower signal intensity after cell injection. (D) NIHSS scores for 1 year and (E) rate of change in NIHSS.

### Case 6

This 58-year-old male, with a history of hypertension/prostate hypertrophy, sustained an atherosclerotic stroke due to left internal carotid artery occlusion (Fig. 6A). MRI demonstrated infarction of grey and white matter in the left frontal, temporal and parietal lobes (Fig. 6B). The patient displayed aphasia and right hemiparesis. NIHSS/Rankin scores were 6(3) on Day -54 and 6(3) on Day 0, immediately prior to cell infusion. Eighty days after the stroke, the patient received an intravenous infusion of  $1.1 \times 10^8$  autologous human MSCs. NIHSS/Rankin scores were 5(3) on Days 1–4 and 2(2) on Days 7, 14 and 30. NIHSS/Rankin scores were 2(1) on Days 90 and 180, and were 1(1) at 1 year (Fig. 6D and E). There were no major cell injection-related adverse events. MRI lesion volume was  $5.77 \text{ cm}^3$  on Day -4 prior to cell infusion, and  $4.12 \text{ cm}^3$  on Day 7 post-infusion, without new lesions (Fig. 6C). MRIs following cell injection showed no tumour or abnormal cell growth over 1 year.

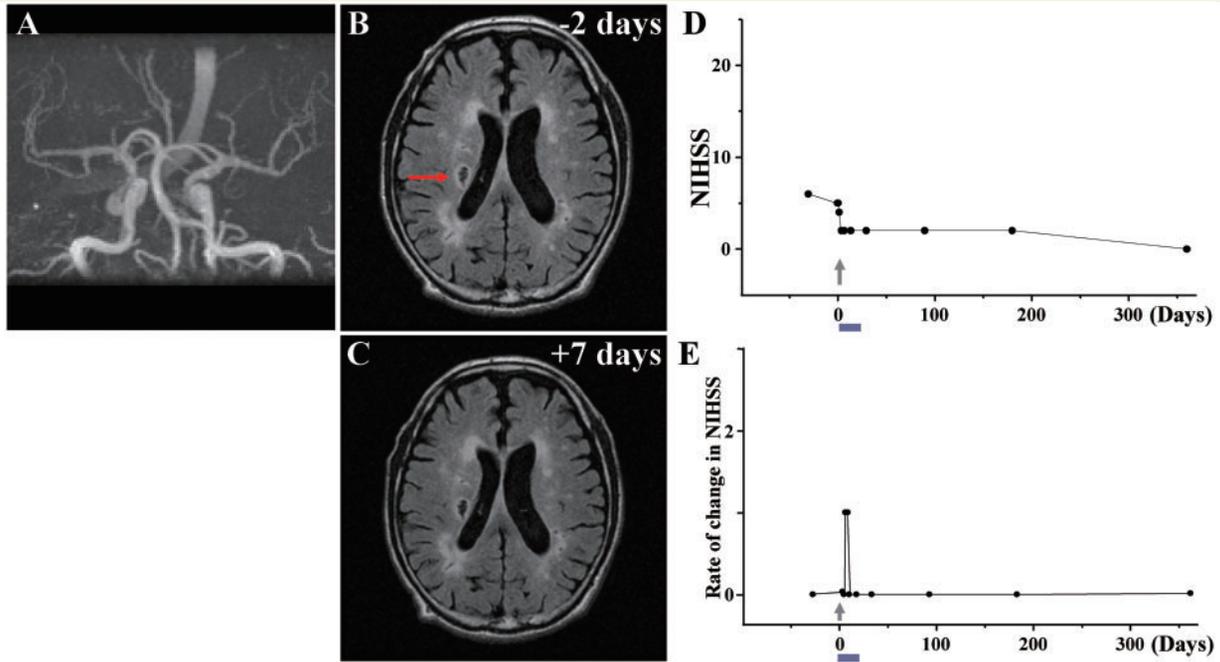
### Case 7

This 60-year-old male, with a history of paroxysmal atrial fibrillation/asymptomatic cerebral infarction/hypertension/prostate hypertrophy, sustained a lacunar stroke due to embolism caused by paroxysmal atrial fibrillation. MRA showed that major cerebral arteries were intact (Fig. 7A). MRI demonstrated a new lacunar lesion in the corona radiata of the right hemisphere and other old embolic lacunar lesions. The patient displayed left hemiparesis. NIHSS/Rankin scores of 6(5) on Day -30 and 5(4) on Day 0 immediately prior to cell infusion. Sixty-one days after the

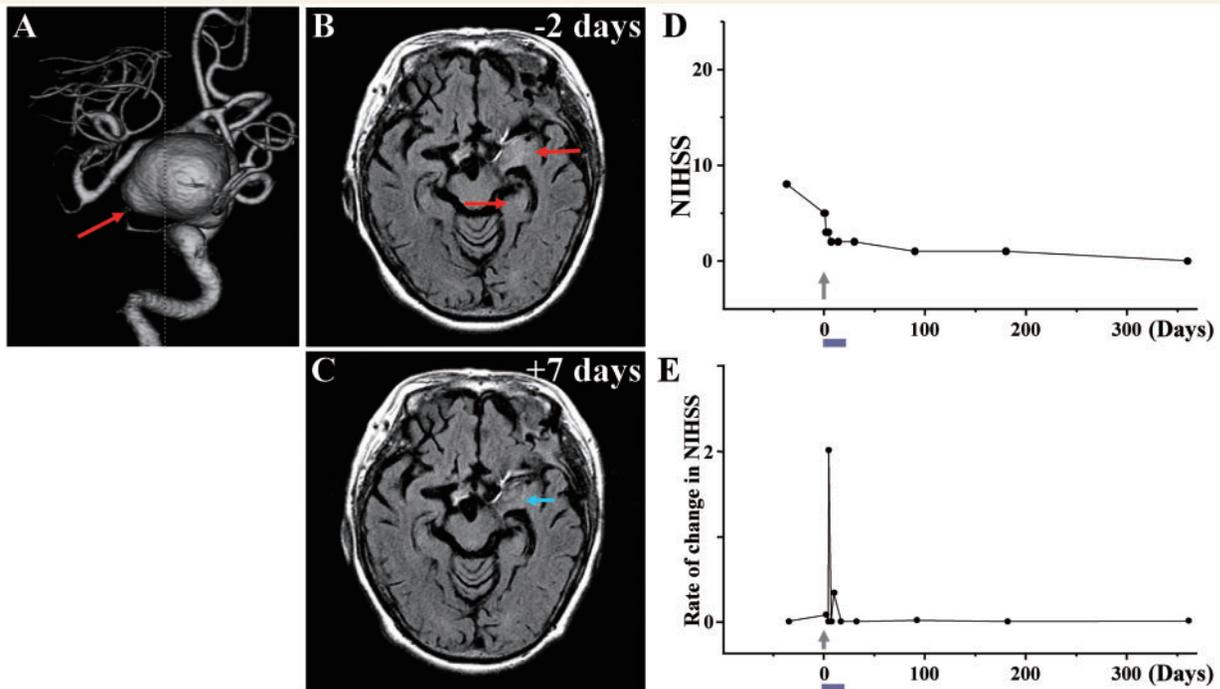
stroke, the patient received an intravenous infusion of  $1.5 \times 10^8$  autologous human MSCs. NIHSS/Rankin scores were 4(4) on 2 days after autologous human MSC infusion and were 2(4) on 4 days, and 2(3) on 7–180 days. NIHSS/Rankin scores was 0(3) at 1 year (Fig. 7D and E). There were no major symptomatic cell injection-related adverse events. MRI lesion volume was  $2.17 \text{ cm}^3$  on Day -2 prior to cell infusion; and  $1.78 \text{ cm}^3$  on Day 7 post-infusion, without new lesions (Fig. 7C). MRIs following cell injection showed no tumour or abnormal cell growth over 1 year.

### Case 8

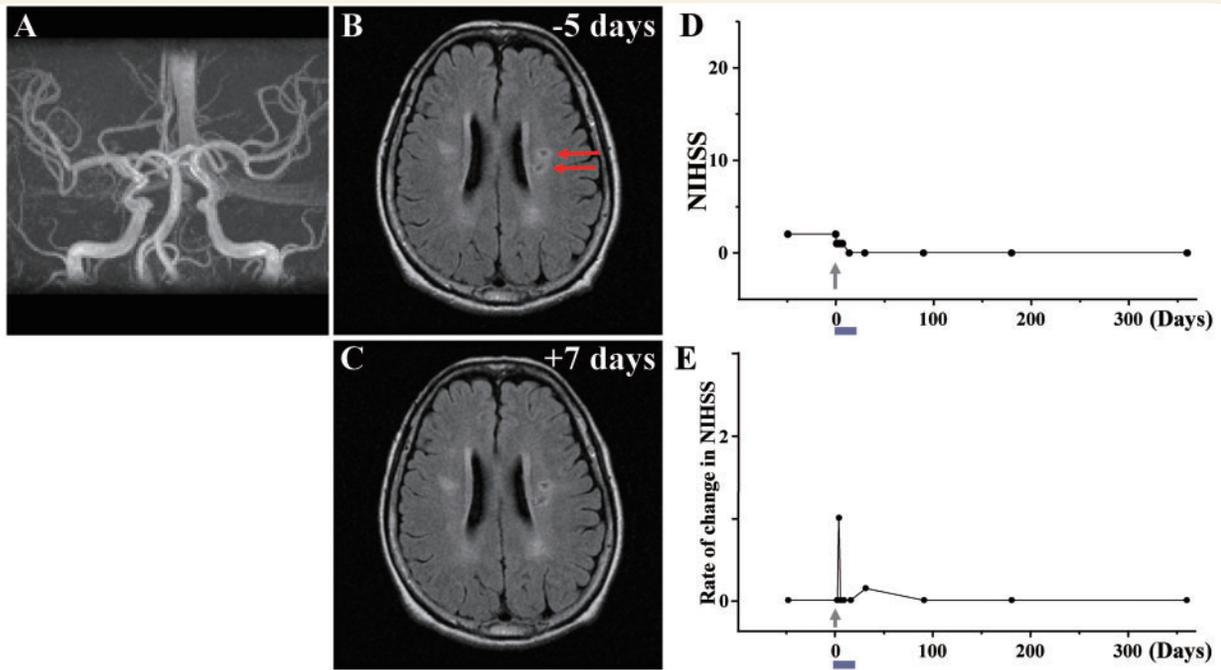
This 67-year-old female, with a history of hypertension/diabetes mellitus/hyperlipidaemia/unruptured large cerebral aneurysm in the left internal carotid artery (Fig. 8A), sustained an intra-operative stroke due to temporary occlusion of the left anterior choroidal artery. MRI demonstrated infarction of the left amygdala, hippocampus, thalamus and internal capsule (Fig. 8B). The patient displayed right hemiparesis and thalamic aphasia. NIHSS/Rankin scores were 8(5) on Day -37 and 5(4) on Day 0 immediately prior to cell infusion. Fifty-nine days after the stroke, the patient received an intravenous infusion of  $1.3 \times 10^8$  autologous human MSCs. NIHSS/Rankin scores were 3(4) on Days 2 and 4, 2(3) on Day 7, 2(2) on Day 14 and 2(2) on Day 30. NIHSS/Rankin scores were 1(1) on Days 90 and 180, and 0(1) at 1 year (Fig. 8D and E). There were no major cell injection-related adverse events. MRI lesion volume was  $11.79 \text{ cm}^3$  on Day -2 prior to cell infusion; and  $6.01 \text{ cm}^3$  on Day 7 post-infusion, without new lesions (Fig. 8C). MRIs following cell injection showed no tumour or abnormal cell growth over 1 year.



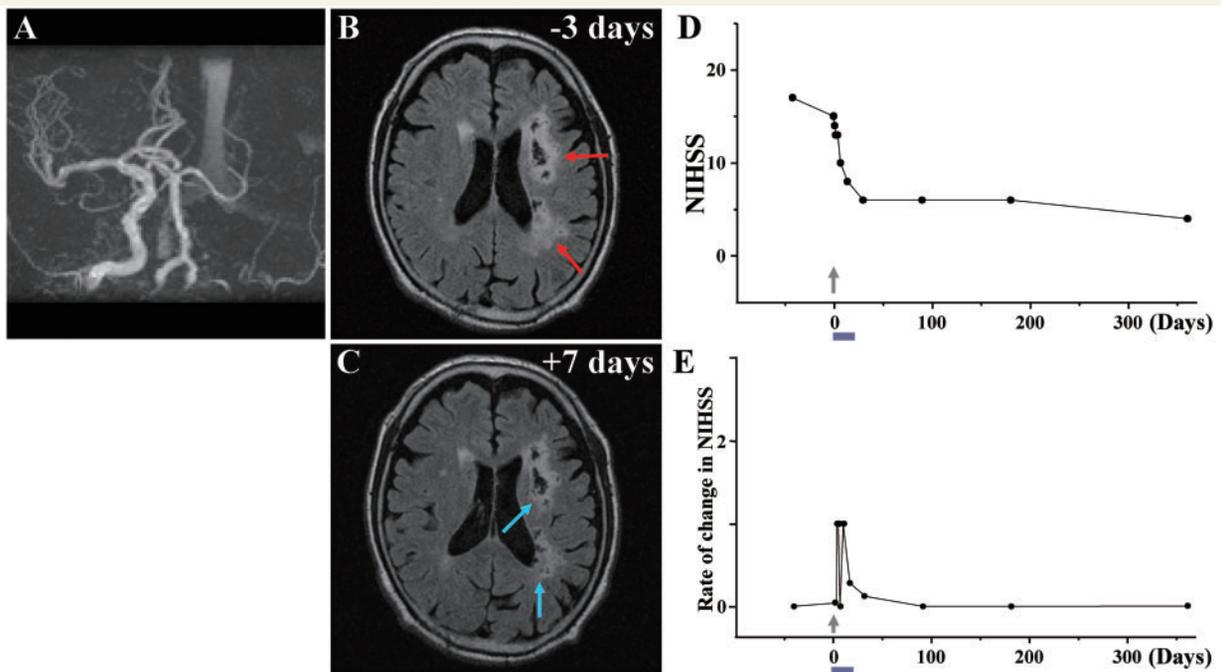
**Figure 7** Case 7: (A) MRA showed that major cerebral arteries were intact. (B) MRI 2 days before cell injection and (C) 7 days after cell injection. Red arrow in B indicates the infarcted lesion. (D) NIHSS scores for 1 year and (E) rate of change in NIHSS.



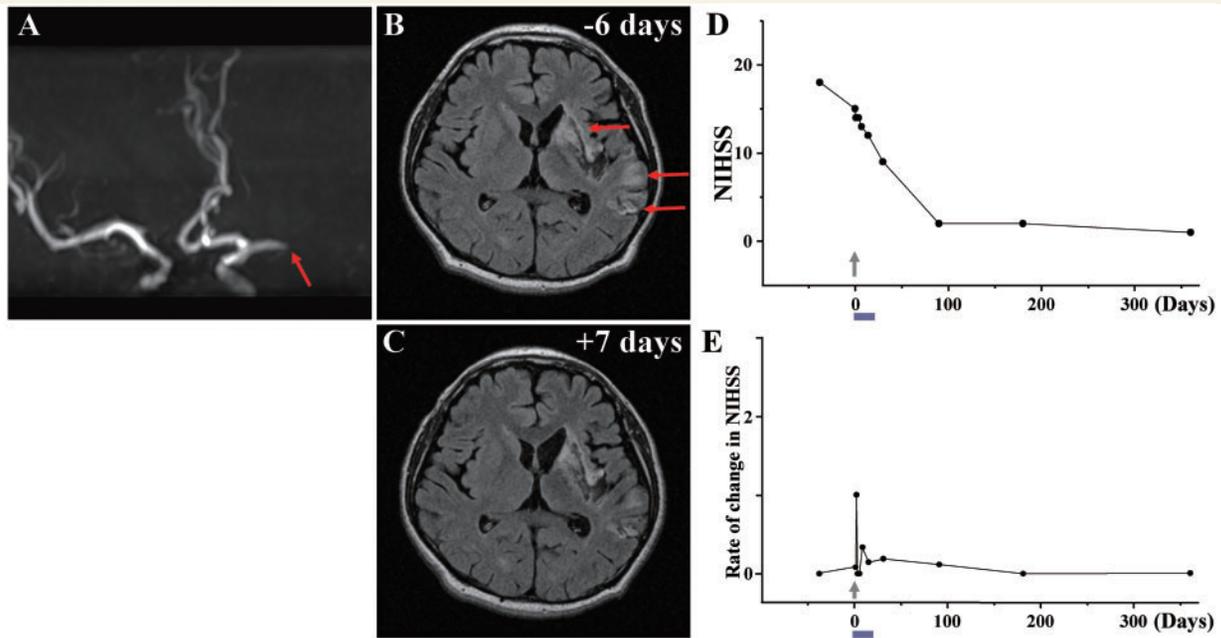
**Figure 8** Case 8: (A) 3D-CT angiography showed the large aneurysm (red arrow) in the left internal carotid artery. (B) MRI 2 days before cell injection and (C) 7 days after cell injection. Red arrows in B indicate the infarcted lesions before cell injection, and blue arrow in C shows the reduced lesion volume and lower signal intensity after cell injection. (D) NIHSS scores for 1 year and (E) rate of change in NIHSS.



**Figure 9** Case 9: (A) MRA showed that major cerebral arteries were intact. (B) MRI 5 days before cell injection and (C) 7 days after cell injection. Red arrows in B indicate the infarcted lesions. (D) NIHSS scores for 1 year and (E) rate of change in NIHSS.



**Figure 10** Case 10: (A) MRA showed occlusion of the left internal carotid artery. (B) MRI 3 days before cell injection and (C) 7 days after cell injection. Red arrows in B indicate the infarcted lesions before cell injection, and blue arrows in C show the reduced lesion volume and lower signal intensity after cell injection. (D) NIHSS scores for 1 year and (E) rate of change in NIHSS.



**Figure 11** Case 11: (A) MRA showed occlusion of the left middle cerebral artery (red arrow). (B) MRI 6 days before cell injection and (C) 7 days after cell injection. Red arrows in B indicate the infarcted lesions. (D) NIHSS scores for 1 year and (E) rate of change in NIHSS.

### Case 9

This 63-year-old female, with a history of diabetes mellitus/Kienbock's disease, sustained a lacunar stroke. MRA showed that major cerebral arteries were intact (Fig. 9A). MRI demonstrated a lacunar lesion in the left corona radiata (Fig. 9B). The patient displayed moderate right hemiparesis. NIHSS/Rankin scores were 2(3) on Day -49 and 2(3) on Day 0, immediately prior to autologous human MSC infusion. Eighty-eight days after the stroke, the patient received an intravenous infusion of  $0.6 \times 10^8$  autologous human MSCs. NIHSS/Rankin scores were 1(3) on Days 1, 2 and 4, 1(2) on Day 7 following autologous human MSC infusion, 0(2) on Day 14, and 0(1) thereafter (Fig. 9D and E). There were no major cell injection-related adverse events except slight appetite loss. MRI lesion volume was  $2.68 \text{ cm}^3$  on Day -5 prior to cell infusion, and  $1.85 \text{ cm}^3$  on Day 7 post-infusion, without new lesions (Fig. 9C). MRIs following cell injection showed no tumour or abnormal cell growth over 1 year.

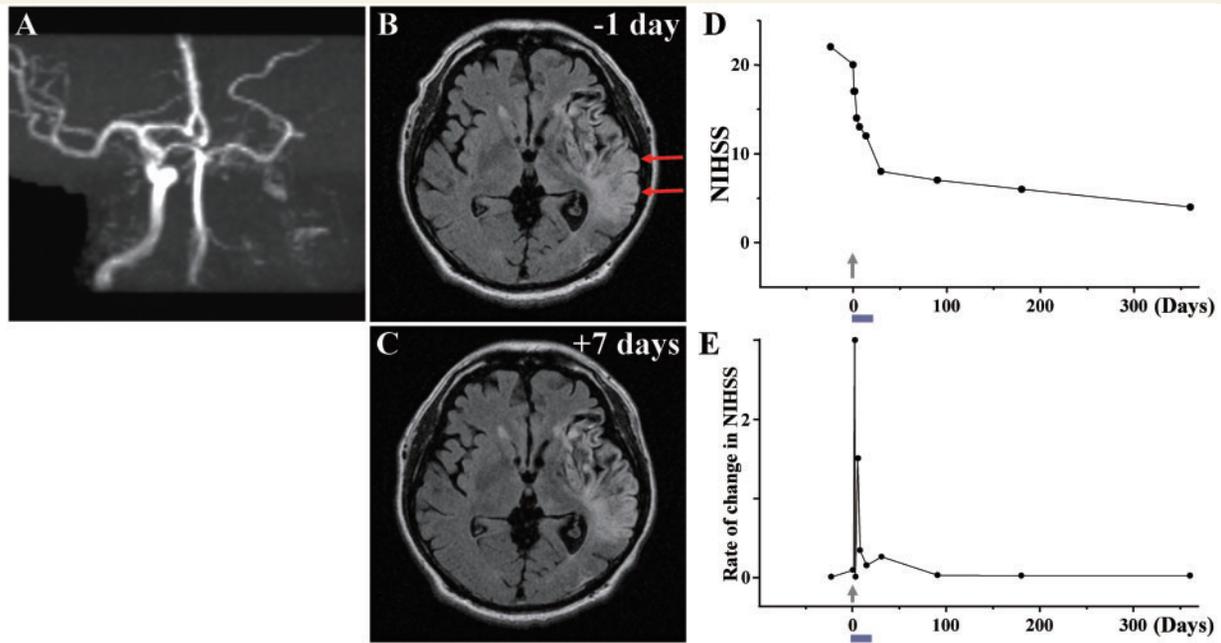
### Case 10

This 60-year-old male, with a history of hypertension/diabetes mellitus/hyperlipidaemia/asymptomatic cerebral infarction/inguinal hernia, sustained an atherosclerotic stroke due to left internal carotid artery occlusion (Fig. 10A). MRI demonstrated infarction of left frontal and parietal grey matter and white matter (Fig. 10B). The patient displayed right hemiparesis and aphasia. NIHSS/Rankin scores were 17(5) on Day -42 and 15(5) on Day 0, immediately prior to cell injection. The patient received an intravenous infusion of  $1.2 \times 10^8$  autologous human MSCs 74 days after the stroke. NIHSS/Rankin scores were 14(5) on Day 1 after autologous human MSC infusion and 13(5) on Days 2 and 4, and

10(4) on Day 7. NIHSS/Rankin scores were 8(3) on Day 14, 6(3) on Days 30, 90 and 180 and 4(3) at 1 year (Fig. 10D and E). There were no major cell injection-related adverse events. MRI lesion volume was  $43.03 \text{ cm}^3$  on Day -3 prior to cell infusion, and  $28.15 \text{ cm}^3$  on Day 7 post-infusion, without new lesions (Fig. 10C). MRIs following cell injection showed no tumour or abnormal cell growth over 1 year.

### Case 11

A 41-year-old male, with a history of urinary calculus, sustained an embolic stroke due to left middle cerebral artery occlusion (Fig. 11A). MRI demonstrated infarction of grey and white matter in the left frontal, temporal and parietal lobes (Fig. 11B). The patient displayed right hemiparesis and aphasia. NIHSS/Rankin scores were 18(5) on Day -38 and 15(3) on Day 0, immediately prior to cell infusion. Sixty-six days after the stroke, the patient received an intravenous infusion of  $1.5 \times 10^8$  autologous human MSCs. NIHSS/Rankin scores were 14(3) on Days 1, 2 and 4 after autologous human MSC infusion, 13(3) on Days 7 and 12(3) on Day 14. NIHSS/Rankin scores were 9(3) on Day 30 and 2(2) on Day 90 and 1(1) at 1 year (Fig. 11D and E). There was local pain at the site of bone marrow aspiration just after bone marrow collection, but no other major cell injection-related adverse events. Lesion volume on MRI was  $55.50 \text{ cm}^3$  on Day -6 prior to cell infusion, and was  $52.22 \text{ cm}^3$  on Day 7 post-infusion, without new lesions (Fig. 11C). Diffusion tensor axonography showed recovery of anisotropy in the left pyramidal tract 6 months after cell injection (Fig. 13G and H). MRIs following cell injection showed no tumour or abnormal cell growth over 1 year.



**Figure 12** Case 12: (A) MRA showed occlusion of the left internal carotid artery. (B) MRI 1 day before cell injection and (C) 7 days after cell injection. Red arrows in B indicate the infarcted lesion. (D) NIHSS scores for 1 year and (E) rate of change in NIHSS.

**Table 2** Characteristics of processed MSCs

Patient no.	Number of injected MSCs	CD34 <sup>+</sup> (%)	CD45 <sup>+</sup> (%)	CD105 <sup>+</sup> (%)
1	0.8 × 10 <sup>8</sup>	0.5	0.2	100.0
2	0.6 × 10 <sup>8</sup>	0.8	4.8	100.0
3	1.6 × 10 <sup>8</sup>	1.2	1.5	99.9
4	1.2 × 10 <sup>8</sup>	1.0	7.6	99.9
5	1.1 × 10 <sup>8</sup>	0.3	0.5	99.8
6	1.1 × 10 <sup>8</sup>	1.8	6.5	98.6
7	1.5 × 10 <sup>8</sup>	2.1	2.8	99.8
8	1.3 × 10 <sup>8</sup>	0.4	0.7	99.9
9	0.6 × 10 <sup>8</sup>	1.8	3.6	99.8
10	1.2 × 10 <sup>8</sup>	1.9	3.1	99.9
11	1.5 × 10 <sup>8</sup>	1.0	2.7	100.0
12	1.2 × 10 <sup>8</sup>	0.8	5.2	100.0

**Case 12**

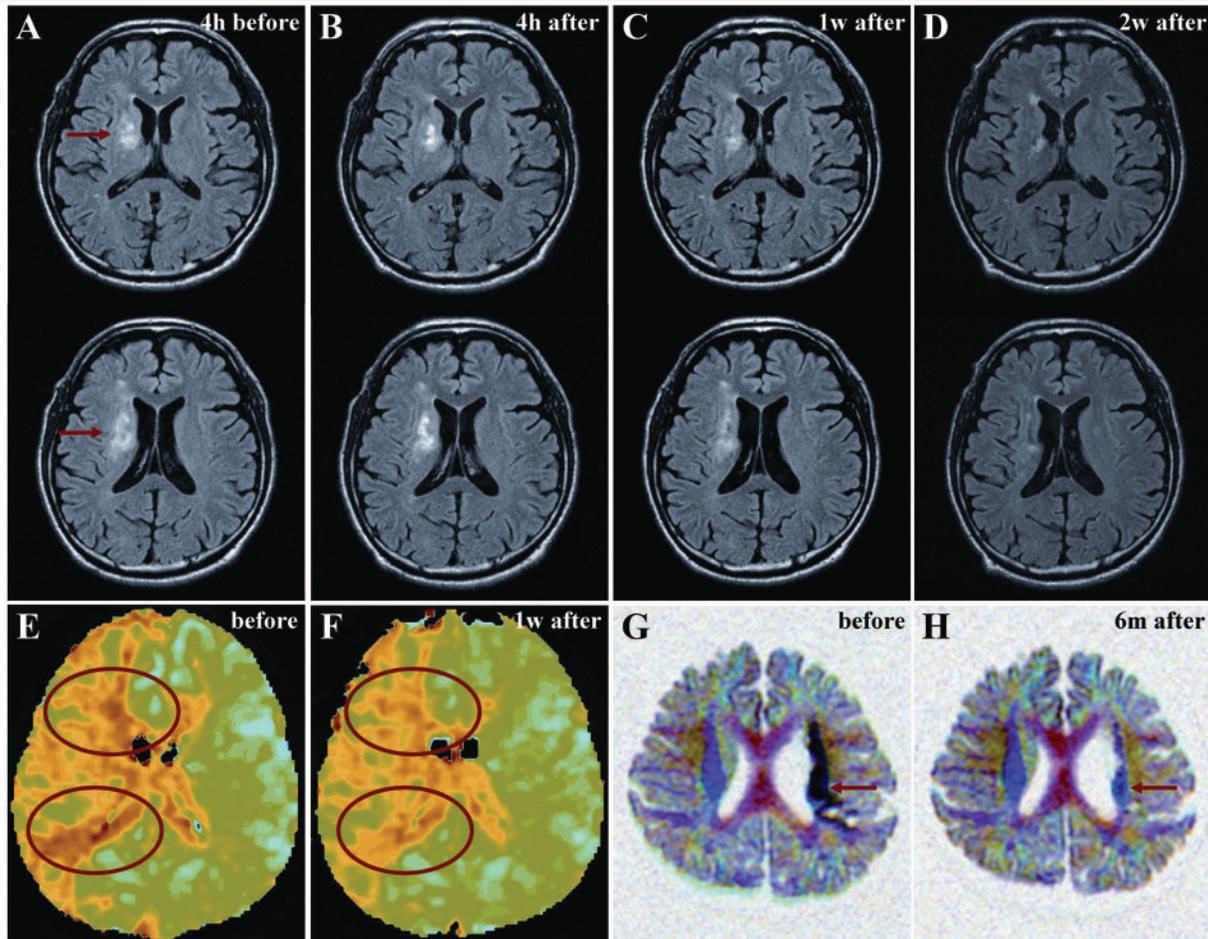
A 61-year-old male, with a history of gall-stone/hyperlipidaemia/prostate hypertrophy, sustained an atherosclerotic stroke due to left internal carotid artery occlusion (Fig. 12A). MRI demonstrated infarction of grey and white matter in the left frontal, temporal and parietal lobes (Fig. 12B). The patient displayed right hemiparesis and aphasia. NIHSS/Rankin scores were 22(5) on Day –24 and 20(5) on Day 0, immediately prior to autologous human MSC infusion. The patient received an intravenous infusion of 1.2 × 10<sup>8</sup> autologous human MSCs 56 days after the stroke. NIHSS/Rankin scores were 17(4) at Days 1 and 2 after autologous human MSC

infusion, 14(4) on Day 4, 13(4) on Day 7 and 12(4) on Day 14. NIHSS/Rankin scores were 8(3) at 30 days and 4(3) at 1 year (Fig. 12D and E). There were no major cell injection-related adverse events. MRI lesion volume was 181.92 cm<sup>3</sup> on Day –1 prior to cell infusion and 168.46 cm<sup>3</sup> on Day 7 post-infusion, without new lesions (Fig. 12C). MRIs following cell injection showed no tumour or abnormal cell growth over 1 year.

**Selective studies**

Case 3 presented with predominantly white matter lesion (internal capsule) with disruption in the adjacent basal ganglia (Fig. 13A). A series of fluid attenuated inversion recovery images are presented in Fig. 13 at 4h before cell infusion (Fig. 13A) and at 4h (Fig. 13B), 1 (Fig. 13C) and 2 weeks (Fig. 13D) post-autologous human MSC infusion. The high intensity area (21.67 cm<sup>3</sup> on Day 0 immediately prior to cell infusion) was reduced at the 1 week (14.61 cm<sup>3</sup>) and 2 week (11.13 cm<sup>3</sup>) post-infusion time points. Perfusion imaging was carried out in Case 3 (Fig. 13E). Cerebral blood flow in the regions of interest (red ovals) was increased at 1 week post-cell infusion (Fig. 13F).

3D diffusion tensor axonography was carried out on Case 11 and is shown before and 6 months after autologous human MSC infusion, in Fig. 13G and H, respectively. The black area (Fig. 13G; arrow) indicates loss of anisotropy (limited movement of water) in internal capsule axons suggesting axonal swelling (but not disruption) prior to autologous human MSC infusion. At 6 months after cell infusion, there was return of anisotropy (Fig. 13H; arrow).

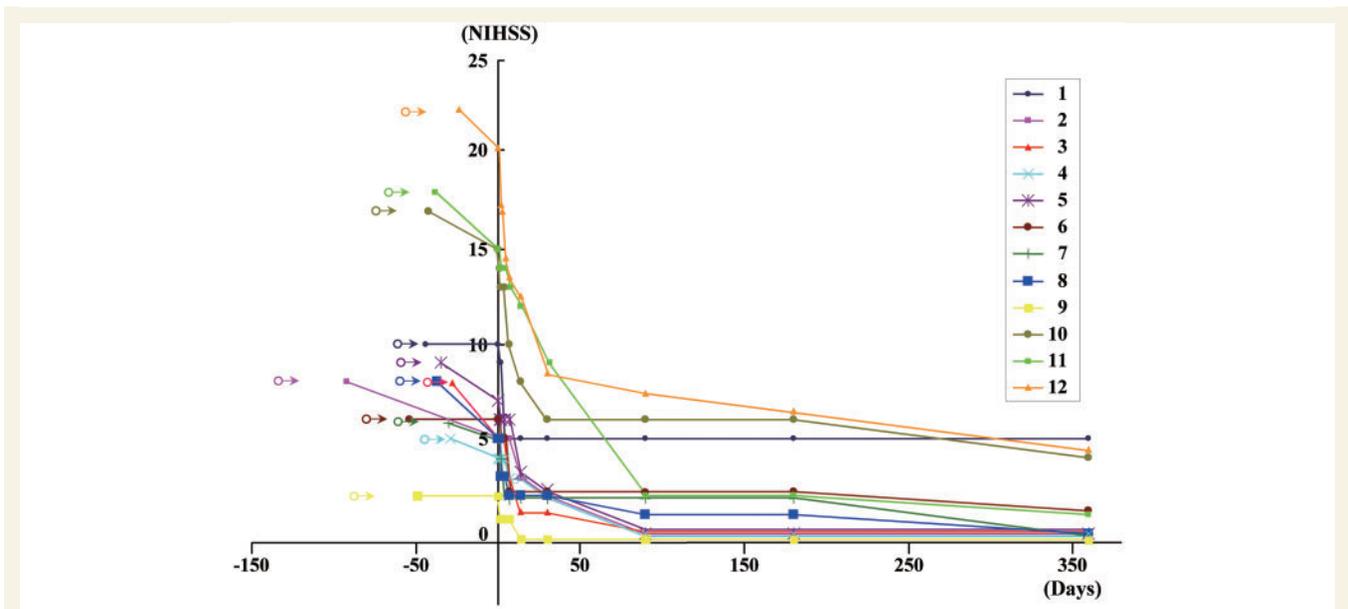


**Figure 13** (A) MRIs from Case 3 4 h before cell injection and (B) 4 h, (C) 1 week and (D) 2 weeks after cell injection. Red arrows in A indicate the infarcted lesion. (E) Perfusion images from Case 3 before and (F) 1 week after cell injection. Red ovals show regions of interest. (G) 3D diffusion tensor axonography from Case 11 before and (H) 6 months after cell injection. The black signal in internal capsule (red arrows in G) reverted toward normal signal (red arrows in H).

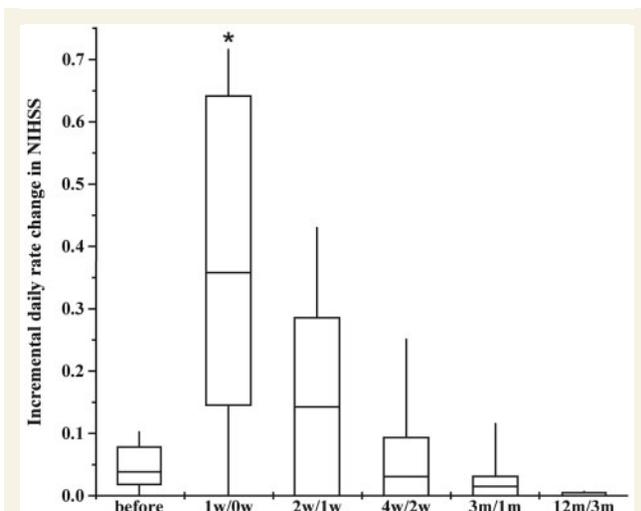
## Summary of NIHSS scores and MRI observations for all cases

Figure 14 shows NIHSS scores plotted for 1 year for the 12 patients in this study. Open circles represent the onset of stroke for each of the patients. Testing did not begin until the patients were medically stabilized. The solid colour-coded symbols represent serial scoring on the NIHSS at 1, 2, 4, 7 days and at 2 weeks, 1, 3, 6 and 12 months. From the first day of testing to immediately before autologous human MSC infusion, the patients displayed a median daily rate of change in NIHSS score (dividing by the number of days between assessments to give an estimate of daily rate of change prior to cell infusion) of 0.04 (interquartile range 0.016–0.08). The median daily rate of change in NIHSS scores during the first week, following autologous human MSC infusion, was 0.36 (interquartile range 0.14–0.64). Subsequent median rates of change were: 2–1 week post-infusion: 0.142; 4–2 weeks: 0.01; 3–1 month: 0.016; 12–3 months: 0.002. As indicated in the case descriptions, the interval between initial NIHSS scoring and autologous human MSC infusion varied

between patients, precluding a strict comparison of the daily rate of change in NIHSS scores over the entire pre-infusion period with the rate of change over an identical period precluding infusion. However, if those patients with intervals from initial pre-infusion NIHSS scoring until infusion of 24–38 days (Patients 3, 4, 5, 7, 8, 11 and 12) are considered as a group, their median daily rate of change in NIHSS score during the 24–38 day pre-infusion period was 0.079 (mean 0.068), compared with a median daily rate of change of 0.133 (mean 0.167) for the same patients over the first 30 days post-infusion. For the four patients with intervals of 42–54 days between initial pre-infusion NIHSS scoring and autologous human MSC infusion (Patients 1, 6, 9 and 10), the median daily rate of change in NIHSS score prior to cell infusion was 0 (mean 0.012), compared with 0.15 (mean 0.167) for the first 30 days following cell infusion. For the patient with a 92 day interval between initial pre-infusion NIHSS scoring and autologous human MSC infusion, the daily rate of change in NIHSS score was 0.033 for the 92 day period prior to infusion and was 0.056 for the 90 days following cell infusion. Figure 15 shows the median, interquartile range and range of the NIHSS change



**Figure 14** NIHSS scores at the time of autologous human MSC infusion and for 1 year following autologous human MSC infusion for the 12 patients.



**Figure 15** Median incremental daily rate of change in NIHSS (horizontal bars within boxes), interquartile ranges (boxes) and ranges (vertical lines) at several times before and after cell injection. \* $P < 0.001$  compared with pre-infusion (before) rate.

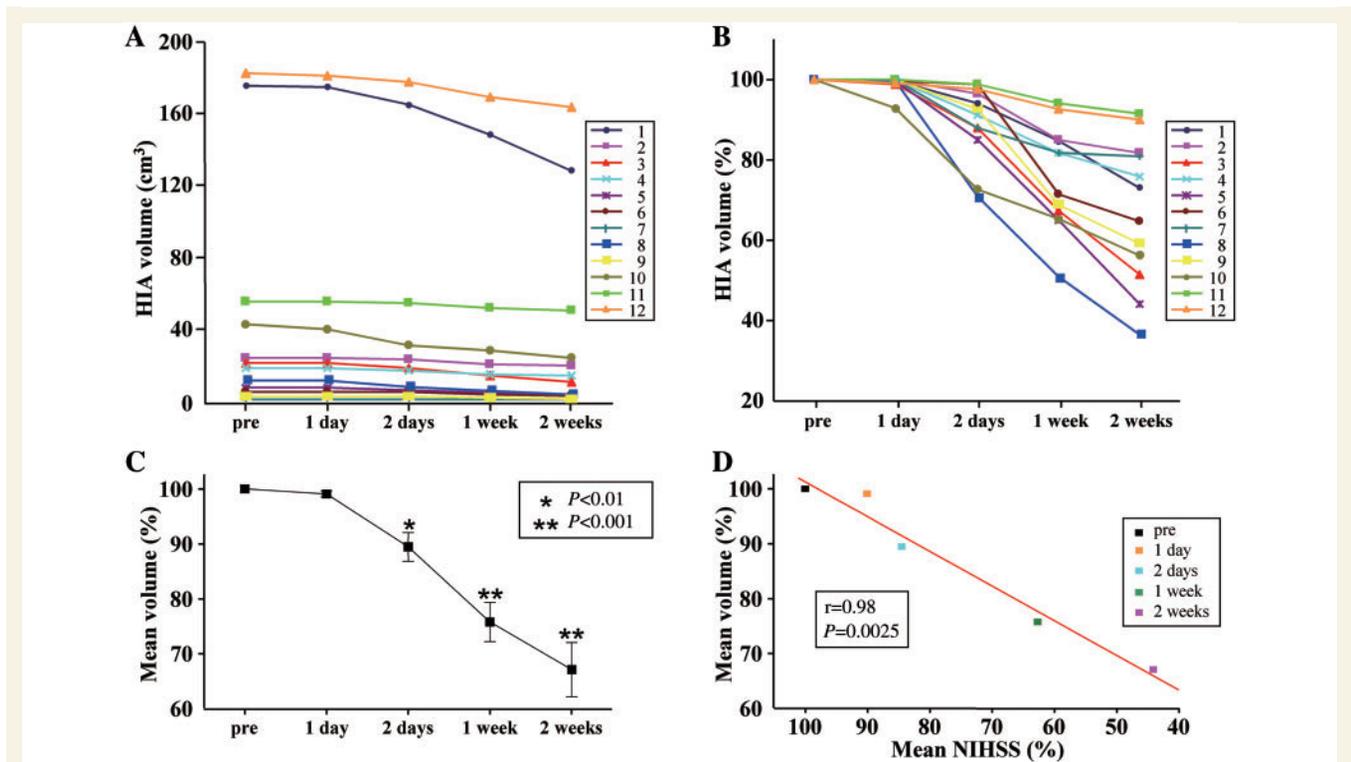
per day during the period prior to cell infusion, over the week following cell infusion, and for the 2/1 week, 4/2 week, 3/1 month and 12/3 month time periods.

Lesion volumes are shown for each case in Fig 16A and B, with mean lesion volume reduction of >20% at 1 week post-infusion (Fig. 16C). As shown in Fig. 16D, the mean reduction in lesion volume tended to correlate with the mean change in NIHSS score at 1 and 2 days, 1 and 2 weeks post-infusion ( $r = 0.98$ ;  $P = 0.0025$ ).

## Discussion

In the present study, we found that intravenous administration of a well-defined population of autologous bone marrow-derived human MSCs, expanded in autologous human serum, into 12 subjects with stroke did not result in any significant adverse events. We observed slight itching at the injection site in one patient, a mild fever and nausea that recovered within 6 h in one patient, and slight appetite loss in one patient. One patient complained of local pain at the site of bone marrow aspiration just after marrow collection. We did not observe any CNS tumours, abnormal cell growths or neurological deterioration, and there was no evidence for venous thromboembolism, systemic malignancy or systemic infection in any of the patients following autologous human MSC infusion.

We would stress a number of caveats about our observations and their interpretation. In this phase I study, there was no control group or blinding, and we would emphasize that we cannot exclude placebo effects or observer bias. There are limitations on extracting meaningful conclusions from the rating scales that we used. These scales do not address the different functional consequences of different types of deficits, e.g. a motor deficit of the arm versus a facial palsy, and the degree to which changes in NIHSS score of the magnitude that we observed translate into clinically meaningful functional improvement in any given patient remains to be studied. Moreover, we used broad inclusion criteria, and studied patients at a range of ages (41–73 years old), with strokes in both cortical and subcortical locations, with a spectrum of aetiologies, and with different pre-infusion observation times in different patients. Some degree of clinical recovery occurred in most of our patients pre-autologous human MSC infusion, and we cannot exclude a contribution of spontaneous recovery to the changes we observed post-autologous human MSC infusion.



**Figure 16** (A) Summary of high intensity magnetic resonance (fluid attenuation inversion recovery) lesion volumes (HIA) for all cases, pre-infusion and at 1 day, 2 days, 1 week and 2 weeks post-infusion. (B) Data re-plotted to show % change in lesion volume. (C) Mean % change in lesion volume compared with pre-infusion for 1 and 2 days, 1 and 2 weeks post-infusion. \* $P < 0.01$ ; \*\* $P < 0.001$  compared with pre-infusion value. (D) Mean % change in lesion volume plotted against mean change in NIHSS, compared with pre-infusion values. The results are correlated with  $r = 0.98$ ;  $P = 0.0025$ .

We observed a daily rate of change of the median NIHSS score of 0.36 in the week following infusion, compared with a median daily rate of change of 0.04 in the variable period before infusion, and there was a reduction in NIHSS score of four or more points in 4 of the 12 patients studied, and a reduction of five or more points in 3 of the 12 patients studied, within the first 7 days after autologous human MSC infusion. The improvement in NIHSS score was maintained for 1 year in all patients. In seven patients, there was a reduction of at least 15% in lesion volume at 7 days post-human MSC infusion, compared with pre-infusion. As shown in Fig. 16D, there tended to be a correlation between the change in lesion volume and the change in NIHSS scores. Gaudinski *et al.* (2008), in a study on stroke lesion volume measured by MRI, concluded that lesions continue to evolve between 5 and 90 days post-infarction, but approach final infarct volume by 30 days, and suggested that lesion volumes measured at 30 days post-infarction may provide a sufficient approximation of stroke infarct volumes for use in clinical trials. We cannot exclude a contribution of spontaneous recovery to post-infusion changes in these patients and would emphasize that these unblinded observations do not prove a therapeutic effect with the current safety study design. Nonetheless, the changes in NIHSS score and lesion volume within the first weeks after cell infusion, which tended to be correlated, in patients who received autologous human MSC infusions 36–33 days after stroke, suggest that the short- and

long-term effects of intravenous delivery of autologous human MSC expanded in human serum, and their implications in terms of clinically meaningful functional improvement, after stroke, warrant further investigation.

An important aspect of the present study is that the cells were delivered several weeks or months after stroke onset. Most interventional approaches for stroke are limited to the acute phase after stroke onset. For example, the therapeutic time window of fibrinolytic agents, i.e. tissue-type plasminogen activator, is within hours after stroke. Although dysfunction of the blood–brain barrier attenuates over 1 month after ischaemic onset, animal studies indicate that accumulation of injected cells into ischaemic lesions does not, and MSCs continue to migrate selectively into damaged brain lesions (Komatsu *et al.*, 2010). The observations described here suggest that, in future studies, therapeutic time windows from the acute to the subacute and possibly the chronic phase following stroke should be explored.

The autologous human MSCs introduced into stroke patients in the present study are different from those reported in a previous clinical study (Bang *et al.*, 2005). The phenotypes of stem cells such as human MSCs are significantly affected by culture conditions (Kobayashi *et al.*, 2005; Shahdadfar *et al.*, 2005; Gordon and Scolding, 2009). The protocols for cell culture and choice of culture medium and serum were different in the Bang *et al.* (2005) study and the present study, making a one-to-one comparison in

results difficult. In contrast to the Bang *et al.* (2005) study that used foetal calf serum, cells were cultured with autologous human serum in the present study. This allowed more rapid expansion of human MSCs and resulted in stable gene expression of less highly differentiated and transcriptionally stable cells (Kobayashi *et al.*, 2005; Shahdadfar *et al.*, 2005). Culturing of human MSCs in human serum also results in a different gene expression pattern compared with those in foetal calf serum (Honmou *et al.*, unpublished data). For example, angiopoietin-like 4, which inhibits apoptosis is upregulated in human MSCs expanded in human serum, suggesting the increased cumulative cell numbers in human MSC cultures. Ectonucleotide pyrophosphatase/phosphodiesterase 1, which acts as an antagonist of bone mineralization, is also increased in human MSC with human serum. In contrast, growth arrest-specific 1 and anti-proliferative protein 1 are over-expressed in human MSCs cultured with foetal calf serum, consistent with their slower rate of proliferation. In addition, foetal calf serum appears to induce differentiation into mesenchymal lineages, with high levels of expression of genes associated with differentiation into osteoblasts [cytokine receptor-like factor 1, glycoprotein (transmembrane) nmb], adipocytes (leptin receptor, inhibitor of DNA binding 4, members of the complement system) and chondrocytes (extracellular matrix genes, cytokine receptor-like factor 1, leptin receptor, ectonucleotide pyrophosphatase/phosphodiesterase 2, transforming growth factor- $\beta$ , SMAD6, OLF-1/early B-cell factor-associated zinc finger gene), which is consistent with the observations in a previous study (Shahdadfar *et al.*, 2005). Another important difference between the two studies is that our study included subjects with both grey and white matter lesions, whereas Bang *et al.* (2005) focused mainly on grey matter lesions.

If a functionally significant reduction of neurological deficit and lesion volumes following autologous human MSC infusion is confirmed in future studies, there will be a need to explore the underlying mechanisms. Several mechanisms have been suggested to contribute to reduction in lesion size and improved functional outcome following early intravenous administration of MSCs in the rat middle cerebral artery occlusion model (Nomura *et al.*, 2005; Horita *et al.*, 2006; Liu *et al.*, 2006), including neuroprotection (Chen *et al.*, 2001; Bang *et al.*, 2005; Honma *et al.*, 2006; Liu *et al.*, 2006), angiogenesis (Onda *et al.*, 2007; Ukai *et al.*, 2007; Omori *et al.*, 2008; Toyama *et al.*, 2009), replacement of damaged cells (Chopp and Li, 2002) and/or anti-inflammatory mechanisms (Ohtaki *et al.*, 2008). Whether a subset of neural tissue in long-term stroke lesions can be rescued, or entry of cells from the periphery of the lesion can promote axonal regeneration and reorganization within the lesion, is not yet clear. Evidence from animal models suggests that an increase in angiogenesis may contribute to the effects of MSCs, even if MSCs were injected in the chronic phase of stroke (Komatsu *et al.*, 2010). Increased angiogenesis was observed within 3 days after cell injection in a rat stroke model, and recovery of cerebral blood flow became evident within 7 days after cell injection (Ukai *et al.*, 2007). Human MSCs secrete neurotrophins such as brain-derived neurotrophic factor and glial cell line-derived neurotrophic factor, which can contribute to anatomical and functional recovery of the ischaemic brain (Nomura, *et al.*, 2005; Horita, *et al.*, 2006; Liu,

*et al.*, 2006). Brain-derived neurotrophic factor can affect neuronal excitability and synaptic transmission (Levine *et al.*, 1998; Rogalski *et al.*, 2000; Mizoguchi *et al.*, 2002; Tucker and Fadool, 2002), and upregulates a potassium chloride co-transporter KCC2 that maintains activation of inhibitory receptors, thereby reducing spasticity (Boulenguez *et al.*, 2010). It is possible that reduced lesion size may be a result of anti-oedematous effect of neurotrophins produced by MSCs (Nomura *et al.*, 2005; Horita *et al.*, 2006), including brain-derived neurotrophic factor that can attenuate microvascular permeability disturbances (Sharma, 2003), blood cerebrospinal fluid barrier breakdown, blood–brain barrier breakdown and brain oedema (Sharma and Johanson, 2007) and glial cell line-derived neurotrophic factor, which can ameliorate brain oedema (Abe *et al.*, 1997).

## Future directions

Systemically delivered cell-based approaches are being examined in clinical studies for a number of neurological diseases including Krabbe's disease (Escolar *et al.*, 2005), Hurler's syndrome (Koc *et al.*, 2002; Staba *et al.*, 2004), metachromatic leucodystrophy (Koc *et al.*, 2002), multiple sclerosis (Freedman *et al.*, 2010) and stroke (Bang *et al.*, 2005). Intravenous administration of human MSCs may offer advantages in clinical settings, because intra-arterial injection may cause embolism and requires specialized interventional facilities, while local, direct injection of human MSCs into brain may require stereotactic targeting and may cause haemorrhage. Previous studies have suggested that intravenous injection of human MSC may be relatively safe in a number of clinical settings (Koc *et al.*, 2000, 2002; Bang *et al.*, 2005; Lazarus *et al.*, 2005) but have not assessed autoserum expanded cells. The present study provides evidence supporting the safety and feasibility of expansion of autologous human MSCs in autologous human serum and cryopreservation before injection into patients. Cryopreservation provides time for pathogen screening and cell-characterization analysis, and may facilitate transport of the human MSCs from the cell processing centre to the site of patient treatment. Autologous human MSCs, if shown in future studies to be efficacious, may also present advantages compared with allogenic human MSC, which express HLA Classes I and II (Honmou *et al.*, unpublished data) (Shahdadfar *et al.*, 2005) that can trigger immunorejection, and introduce a requirement of immunosuppression. The latter consideration is especially important because a single preparation of  $10^8$  human MSCs grown under standard conditions in foetal calf serum would carry with it 7–30 mg of foetal calf serum protein, which could elicit humeral immune responses against foetal calf serum proteins in the recipient (Spees *et al.*, 2004).

Blinded, controlled studies that include assessments of overall function, and of the relative functional importance of different types of deficits, will be needed to determine whether intravenous administration of autologous human MSCs is efficacious in stroke, and the optimal therapeutic protocol in terms of cell preparation, number of cells and times of delivery remain uncertain. The present results provide evidence supporting the safety of delivery of a relatively large dose of autologous human MSCs, cultured in autologous human serum, into human subjects with stroke. Although

we would emphasize that the current study was unblinded and does not exclude placebo effects or recovery as a result of the natural history of stroke, our observations demonstrate the feasibility of studies on administration of human serum-treated autologous human MSCs, suggest that these studies can be carried out safely and underscore the need to assess functional outcome at early, as well as late, times after cell administration.

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