The biggest reason that other Veterans should join MVP is because you're taking care of your fellow Vets. It's providing information that can be used not just to benefit you, not just to benefit a few, but to benefit us all. And we need as many Veterans as possible to get involved. ??



⁶⁶ As a three-time cancer survivor, MVP's research is important to me because it can help medical professionals take care of their patients in a personalized way. ⁹⁹



⁶ We've already served our country once. This is another opportunity to serve our country again, and to serve future Veterans. ⁹⁹





Questions? Call us at 866-441-6075

Monday-Friday, 8:00 a.m.-6:00 p.m. ET

Learn more or join online at mvp.va.gov







Join VA's largest research effort to improve health care for Veterans like you

Visit **mvp.va.gov** to learn more Call us at **866-441-6075**







Our discoveries will lead to better health for Veterans



• Mental health: We're working to better understand the genetics of PTSD, depression, anxiety, substance use disorders and suicide risk.



• Wellness: Our research is helping Veterans make healthier diet and lifestyle choices.



 Heart health: We're working to better understand causes and find new treatments for different kinds of heart diseases.



• **Cancer:** We're making advances in conditions like breast cancer and prostate cancer.



• Other areas include: Gulf War Illness, tinnitus, traumatic brain injury, kidney disease, Alzheimer's Disease, COVID-19, and more. The Million Veteran Program (MVP), VA's largest research effort, is inviting more than 1 million Veterans to help us understand how genes, lifestyle, military experiences, and exposures affect your health and wellness.

Sign up at **mvp.va.gov** or at a participating VA location. You don't have to receive your care at VA to participate.

To join, we'll ask you to:



Provide a blood sample for genetic research.



Complete surveys to share information about your health, lifestyle and experiences.



Grant us secure access to your health records so we can share relevant information with our researchers. We won't share your name or any personal information that could identify you.



Agree that we can contact you in the future about our research program.



⁶⁶My investment in research isn't necessarily just for me or my friends that served. It's for my son who could possibly be the one serving next. ⁹⁹

> **Ubon M.,** Marine Corps and Army Veteran

Your privacy is at the core of our mission

We follow all federal regulations to keep your data and information secure. One way we do this is by removing information like your name, date of birth, and social security number from your data, so our researchers do not know your data belongs to you.

It's always your choice if you want to participate in research. And you can stop at any time. Your participation won't affect your eligibility for, or access to, VA health care or benefits.