More than 50 VAMC sites nationwide

**Why this research is important:**
Bipolar disorder is the diagnosis most highly associated with Veteran suicide. The Bipolar Telehealth program has provided expert consultation and self-management support via telehealth to Veterans who would not otherwise have access to such expertise.

**Summary:**
Over the past five years, Bipolar Telehealth has been growing at the rate of more than one consult request per business day. Thus there is a substantial need for this service. Formal program evaluation demonstrates that the program improves mental health quality of life and care quality in this important population.

**How the research will improve Veterans’ lives:**
Bipolar Telehealth improves care quality and mental health quality of life in Veterans with bipolar disorder. We are now linked formally with the REACH-VET program to offer services to Veterans at high risk of suicide who have a diagnosis of bipolar disorder.