

# Telehealth Outreach for PTSD



Seattle, with implementation across the northwest U.S.

## Why this research is important:

PTSD is one of the most common conditions facing Veterans, and can lead to increased suicide risk. Many Veterans in rural areas do not have access to effective treatments, and evidence-based telehealth programs for PTSD can bridge this gap

## Summary:

Providers in VA Integrated Service Networks (VISNs) 7, 16, 20, and 23 are deploying Telemedicine Outreach for PTSD, which is a program based on research conducted in VA that demonstrated the effectiveness of virtual team-based care for rural Veterans with PTSD.

## How the research will improve Veterans' lives:

Veterans with PTSD will be able to see a provider from anywhere. Veterans will have access to evidence-based PTSD treatments. VA's expansion of telehealth will enable more Veterans in the future to access PTSD care anywhere.



Dr. Amy Kilbourne



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