



Rates of PTSD in people with eating disorders

Up to **23%** among people with **anorexia nervosa**,
an obsessive desire to lose weight by refusing to eat.

Up to **66%** among people with **bulimia**, when excess overeating
is often followed by self-induced vomiting, purging, or fasting.

Up to **32%** among people with **binge-eating disorder**,
which includes overeating without purging or other compensatory behaviors.

All three of those eating disorders
are considered psychiatric conditions.