

Telehealth for Veterans with Bipolar Disorder, a High Suicide-Risk Population



More than 50 VAMC sites nationwide

Why this research is important:

Bipolar disorder is the diagnosis most highly associated with Veteran suicide. The Bipolar Telehealth program has provided expert consultation and self-management support via telehealth to Veterans who would not otherwise have access to such expertise.

Summary:

Over the past five years, Bipolar Telehealth has been growing at the rate of more than one consult request per business day. Thus there is a substantial need for this service. Formal program evaluation demonstrates that the program improves mental health quality of life and care quality in this important population.

How the research will improve Veterans' lives:

Bipolar Telehealth improves care quality and mental health quality of life in Veterans with bipolar disorder. We are now linked formally with the REACH-VET program to offer services to Veterans at high risk of suicide who have a diagnosis of bipolar disorder.



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