The instructions below should be followed when submitting a Principal Investigator (PI) or Local Site Investigator (LSI) Exempt New Project to the VA Central IRB (CIRB).

**IMPORTANT NOTE:** The Common Rule Cooperative Studies requirements for single IRB review only apply to non-exempt research. However, ORD Funded Multi-Site Exempt Research may be submitted to the VA CIRB for efficiency. The VA CIRB will review the PI Request for Exemption along with the Central Privacy Officer and ISSO. When multi-site exempt research is submitted and reviewed through the VA CIRB, there is no need for redundant local research administration approvals, including local Privacy Officer or ISSO approval.

Please contact the VA Central IRB staff at 1-877-254-3130 or VACentralIRB@va.gov with any questions or requests for support regarding the submission process.

**SUBMISSION INSTRUCTIONS FOR PI**

The forms listed below are required, when applicable, as part of the PI Request for Exemption submission:

- Project Cover Sheet – *IRBNet Wizard*
- IRB Information Sheet – *IRBNet Wizard*
- Form 100 or 101 Protocol Template
- Form 102 – Local ACOS/R&D Review
- Form 103 Waiver of HIPAA Authorization
- Form 105 Request for Exemption
- Form 10-0493: MODEL HIPAA Authorization Form
- MODEL Information Sheet or Consent Script
- Enterprise Research Data Security Plan (ERDSP)
- CV/ Biosketches – Those in an Investigator role
- COI Management Plan(s)

Follow the steps below to submit the PI Request for Exemption in IRBNet:

**Step 1:** Log in to IRBNet and “Create a New Project.” See separate instructions on How to Create a New Project if needed.

**Step 2:** Compile the submission in IRBNet and submit the project to your local research administration office. This will be package -1 in IRBNet. Ensure that your local research administration is aware that this is being routed to the VA CIRB.

**NOTE:** The local research administration should not be making the exemption determination or conducting the limited IRB review. The exemption determination or the limited IRB review will be completed by the VA CIRB which will include central PO and ISSO approval.

**Step 3:** After your local research administration review is complete, submit the project to the VA CIRB. There are 2 ways the project can be submitted to the VA CIRB:

a) Local research administration submits package -1 on behalf of the Researcher to the VA CIRB.
This option is best if all the documents that were reviewed locally are the same as the documents that need to be reviewed by the VA CIRB.

or

b) Researcher creates and submits a new package within the same project (this would be package -2) to the VA CIRB.

This option is best if the local research office documents reviewed are different than the VA CIRB documents. This would ensure the VA CIRB does not receive local documents.

**NOTE:** Whether a) or b) is followed, the package that is submitted to the VA CIRB should only include documents that are required by the VA CIRB (see above table).

**Step 4:** VA CIRB will review the PI Request for Exemption.

**NOTE:** During the VA CIRB administrative review process revisions, clarification, or other requests may be made prior to the submission receiving IRB review. This process will occur utilizing IRBNet’s “Unlock and Lock” function so that you can add, remove, or revise documents within the same package. When revising an existing document in IRBNet, you should use the “Update this Document” feature to maintain version control and history.

**Step 5:** Based on the categories of exemption that the project falls under, the VA CIRB will:

- a) Make an Exempt Determination
  - or
  - b) Approve the Project as Exempt with Limited IRB Review

**Step 6:** Follow your local R&D Committee policies to obtain final approvals at your local Research Administration.

**Step 7:** Share the project with the LSI’s in IRBNet utilizing the “Multi-Site” function. See separate instructions “Multi-Site Projects in IRBNet” if needed.

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**SUBMISSION INSTRUCTIONS FOR LSI**

The forms listed below are required, when applicable, as part of the LSI exempt submission:

- Project Cover Sheet – *IRBNet Wizard*
- IRB Information Sheet – *IRBNet Wizard*
- Form 102 – Local ACOS/R&D Review Supplement
- Local Information Sheet or Consent Scripts
- Enterprise Research Data Security Plan (ERDSP)
- CV/ Biosketches – Those in an Investigator role
- COI Management Plan(s)
Follow the steps below to submit the LSI New Project in IRBNet:

Step 1: Log in to IRBNet and go to the project that was shared by the PI.

NOTE: If the PI has not shared the project with the LSI in IRBNet contact them directly and request that they share the project utilizing the Multi-Site function. If you are still unable to access the project, contact the VA CIRB or IRBNet Support for assistance. Do not create a new project. It is important that the LSI project in IRBNet is directly linked to the PI project.

Step 2: Once in the project enter the name of the LSI in the Principal Investigator field, upload submission documents, and submit the project to your local research administration office. This will be package -1 in IRBNet. Ensure that your local research administration is aware that this is being routed to the VA CIRB.

NOTE: The exemption determination or the limited IRB review will have already been done through the PI application to the VA CIRB and there is no need for repeating these determinations or approvals for the project at the local research administration.

Step 3: After your local research administration review is complete, submit the project to the VA CIRB. There are 2 ways the project can be submitted to the VA CIRB:

a) Local research office submits package -1 on behalf of the Researcher to the VA CIRB.  
This option is ideal if all the documents that were reviewed locally are the same as the documents that need to be reviewed by the VA CIRB.

or

b) Researcher creates and submits a new package within the same project (this would be package -2) to the VA CIRB.

This option is ideal if the local research office documents reviewed are different than the VA CIRB documents. This would ensure the VA CIRB does not receive local documents.

NOTE: Whether a) or b) is followed, the package that is submitted to the VA CIRB should only include documents that are required by the VA CIRB (see above table).

Step 4: The VA CIRB will review the LSI exempt project.

NOTE: During the VA CIRB administrative review process revisions, clarification, or other requests may be made prior to the submission receiving IRB review. This process will occur utilizing IRBNet’s “Unlock and Lock” function so that you can add, remove, or revise documents within the same package. When revising an existing document in IRBNet, you should use the “Update this Document” feature to maintain version control and history.

Step 5: Once review is complete, the VA CIRB will acknowledge the LSI’s exempt project.

NOTE: Central ISSO approval is a condition of VA CIRB acknowledgement of the LSI exempt project. This will not need to be repeated locally.

Step 6: Follow your local R&D Committee policies to obtain final approvals at your local Research Administration.