Family caregiving for service members and Veterans with TBI and polytrauma

Who are the caregivers?

- 79% Women
- 62% Parent
- 21% Men
- 6% Other (sibling, grandparent, other relative, friend)
- 32% Spouse/romantic partner

How many hours per week do they devote to caregiving?

- 43% less than 5 hours
- 17% 80 or more hours
- 14% no data available
- 12% 5–19 hours
- 8% 20–39 hours
- 6% 40–79 hours