Mental health snapshot

Among more than 4.4 million Veterans seen in VA Patient-Aligned Care Team primary care clinics in 2010-2011, 1 in 4 had at least one of the following mental health conditions:

- Depression: 13.5%
- PTSD: 9.3%
- Substance use disorder: 8.3%
- Anxiety disorder: 4.8%
- Schizophrenia or bipolar disorder: 3.7%

Many had more than one condition. Among those with depression:

- 33.2% also had PTSD
- 19.4% also had an anxiety disorder
- 8% also had schizophrenia or bipolar disorder
- 23.2% also had a substance use disorder

Infograph by Michael Escalante, VA Research Communications, November 2015