Mental Health of Transgender Veterans: Effects of Legal Protection

Transgender Veterans who live in states with employment non-discrimination laws that include transgender status show the following mental health benefits, relative to transgender Veterans in states without such laws. (The findings show only an association and don’t necessarily imply cause and effect.)

- **26%** decreased odds of mood disorders
- **43%** decreased odds of self-directed violence

Info graphic by Michael Escalante, VA Research Communications, March 2016