In a recent survey, 1 of 7 Veterans experienced increased distress.

Study conclusion: “Although most U.S. Veterans showed resilience to mental health problems nearly one year into the pandemic, the prevalence of [anxiety] increased, particularly among middle-aged veterans, and 1 of 7 Veterans experienced increased distress.”

From a survey of more than 3,000 Veterans, reported in “Mental Health Impact of the COVID-19 Pandemic in U.S. Military Veterans: A Population-Based, Prospective Cohort Study,” Psychological Medicine, June 14, 2021. Infographic by VA Research Communications, July 2021. Photo © iStock/siiixth; AlexLMX.