The economic burden of PTSD

VA researchers estimated the national cost of PTSD at $232.2 billion for 2018, the latest year for which data were available at the time of the study. That expense exceeds the costs of other common mental health conditions, such as anxiety and depression.

The study also found that the U.S. civilian population accounted for more than three times the PTSD costs as the military population:

**Civilians: 82%**
**Military: 18%**

Despite that wide disparity, the annual costs per person with PTSD were lower for the civilian population. Non-direct health care costs such as disability payments are higher in the military population:

**Civilians: ($18,640)**
**Military: ($25,684)**