Who’s in MVP?

Key health and demographic stats

Below are selected statistics from a recent review of the demographic, military, and health characteristics of Veterans enrolled in VA’s landmark Million Veteran Program, which has become one of the world’s largest databases of health and genomic information. The researchers concluded that the demographic make-up of the MVP cohort—which has nearly 700,000 Veterans enrolled to date—is similar to that of VA patients on the whole.

- **90.4% of the MVP cohort is male**
- **The average age is 61.9**
- **73.9% of the cohort is White, 19% Black, and 6.5% Hispanic**
- **The most common self-reported disease among men is hypertension (64.6%)**
- **The most common self-reported disease among women is depression (47.5%)**
- **38.2% of the MVP cohort is obese, and 42.3% is overweight**
- **PTSD was reported by 18.3% of men, and 26% of women**
- **Tinnitus was reported by 34.2% of men, and 20% of women**