Individual Placement and Support for Veterans with PTSD

- Individual placement and support helps Veterans with PTSD find **employment through job coaching** based on their interests and backgrounds, rather than traditional one-size- fits-all vocational rehabilitation and transitional work placements.

- The results below are from the Veterans Individual Placement and Support Towards Advancing Recovery (VIP-STAR) study of 541 Veterans.

	Transitional Work	Individual Placement and Support
Found steady work	**23%**	**39%**
Found competitive jobs	**57%**	**69%**
Average income for study period	**$10,989**	**$14,642**

- **Conclusion:** "[Individual placement and support] is more successful than [transitional work] at helping unemployed Veterans with PTSD obtain and sustain competitive employment."

Source: "Effects of Evidence-Based Supported Employment on Achieving Steady Work among Veterans with Posttraumatic Stress Disorder: A Randomized Controlled Trial," *JAMA Psychiatry*, Feb. 28, 2018. Infographic by VA Research Communications, February 2018. Photo for illustrative purposes only. © iStock/Jean-philippe WALLET